



GROCOTT'S MAIL

5 October 2018 • Vol. 148 Issue: 038

Your newspaper, **FREE OF CHARGE**

Care for your mental health **Pages 2, 4 and 7** Graeme cricket on form

Page 16



Live in Makhanda



Out with the old... in with the new! 'Come to the s[h]ow' is what the faded George Street welcome sign seems to say. Nombasa Maqoko (centre) holds up the poster advertising 'Divas: a night to celebrate legends' in a one-night-only concert in the Guy Butler Theatre featuring Nombasa, Zahara and Msaki, along with the Kwantu Choir. Read more on page 8. Their last performances here were in Grahamstown. Tonight they will perform in Makhanda, following Minister of Arts and Culture Nathi Mthethwa final pronouncement this week. With Nombasa here are concert organisers Sisanda Mankayi and Kate Davies of the National Arts Festival. And yes – the three Creative City welcome signs are set for a makeover: watch this space! Photo: Sue MacLennan



HYUNDAI

GRAHAMSTOWN 046 622 3914

FACELIFT

TUCSON & CRETA

HAVE ARRIVED

STEVEN 078 113 3497



JOHAN 082 566 1046



TEL: 046 622 2950
TIM 082 800 9276

TRYING TO CUT COSTS WITH GLASS
IS LIKE DRIVING WITHOUT YOUR SEATBELT ON

TEL: 046 622 8700
KEVIN 082 772 0400



Joza Clinic now open on weekends

By SUE MACLENNAN

From 1 October 2018, the Joza Clinic has extended its opening hours. As well as Monday to Friday, the clinic will now be open on Saturdays, Sundays and public holidays, 8am to 4.30pm, Ward 2 councillor Ramie Xonxa said negotiations with the Department of Health over several months had followed a plea from the clinic committee on behalf of the public for easier access to medical help over the weekends.

"Research at the [Cobden Street] Day Hospital showed that most people going there during the weekends are from Joza," Xonxa told Grocott's Mail. "At a return fare cost of R20, many people simply can't afford to get the help they need."

Makana clinics supervisor Marilyn Haywood said over the weekend services would be limited. T

he weekend facility was not intended for routine chronic patient checkups and the dispensary would be closed, but there would be a basic medicine trolley for minor ailments and injuries.



Joza Clinic committee chair Skye Albany, Ward 2 Councillor Ramie Xonxa, Sister-in-charge Eunice Dyantyi, Makana clinics supervisor Marilyn Haywood and the Health Department's Makana Subdistrict Manager Mohamed Docrat outside the Joza Clinic. From 1 October, the Joza Clinic will be open on weekends. Photo: Sue Maclellan

Hi-Tec SECURITY
DRIVEN BY PEOPLE
POWERED BY TECHNOLOGY

Securing the city for over 25 years

SAFETY TIPS FROM ANDRÉ WILLE

PERSONAL SAFETY TIPS

- Know all emergency numbers.
- Trust your instinct.
- Avoid going onto a congested street where you cannot even walk properly, that is where you will find criminals pick pocketing.
- Avoid displaying valuables where criminals can see them.

RESPONSES IN GRAHAMSTOWN
27/09/2018 – 3/10/2018

House Break-in's - 4
Business Robbery - 1
Arrests -1

WE OFFER

- 24hr Monitoring
- Alarm Installations
- Services and repairs to all makes of alarm systems
- Armed Response
- Guards
- Access control (gate automation, intercoms and cameras)
- Electric Fencing
- Cash in Transit

Securing Kenton on Sea/
Bushman's River/Cannon Rocks/
Boknes Areas

For advice or a free quote contact André Wille
Tel: 046 636 1667

EMERGENCY NUMBERS

- Ambulance 10177
- Aids Helpline 0800 012322
- AA Rescue 0800 111997
- Medical Rescue 0800 033007
- GHT Child Welfare 046 636 1355
- Electricity 046 603 6036
- A/H 046 603 6000
- Eskom 086 014 00014
- Fire Brigade 046 622 4444
- Ght Police Station 046 603 9152
- Hi-Tec 046 636 1660
- Raphael Centre 046 622 8831
- SPCA 046 622 3233
- Traffic Services 046 603 6067
- Water 046 603 6136
- Hospice 046 622 9661
- Settlers Hospital 046 602 5000
- Day Hospital 046 622 3033
- Fort England 046 602 2300
- Legal Aid SA 046 622 9350
- Locksmith (Sean Butterworth) 082 556 9975 or 046 622 4592
- Guardmed 073 065 6660

Help at the end of the line

The Department of Health has declared October Mental Health Awareness month – read more on page 7. Grocott's Mail offers our readers this cut-out-and-keep contact list of where Makhanda (Grahamstown) people can get help for depression or anxiety.

Hospitals	Call someone	Rhodes University Services
<ul style="list-style-type: none"> • Settlers Hospital (Milner Street) 046 602 5000 • Settler's offers acute psychiatric services for emergencies: please visit casualty to access these services. • Settlers Day Hospital (Cobden Street) 046 622 3033 • Makana Community Psychotherapy Services offers community counselling services. • Port Alfred Hospital 046 604 4000 • Port Alfred offers mental health care services: please visit casualty to access these services. • Fort England Hospital 046 602 2300 • For outpatient services, please contact the Clinical Secretary at extension 2352. • Local clinics Your local clinic can assist in referring you to a hospital or nearby 	<p>If you are needing a referral to a psychologist, psychiatrist or support group, please can you call The South African Depression and Anxiety Group (SADAG) on 011 234 4837 or 0800 20 50 26 and speak to a trained counselor who can assist you further.</p> <ul style="list-style-type: none"> • Dr Reddy's Help Line 0800 21 22 23 • Pharmadynamics Police & Trauma Line 0800 20 50 26 • Adcock Ingram Depression and Anxiety Helpline 0800 70 80 90 • Destiny Helpline for Youth & Students 0800 41 42 43 • ADHD Helpline 0800 55 44 33 • Department of Social Development's Substance Abuse Helpline (24-hour) 0800 12 13 14 SMS 32312 • Suicide Crisis Line 0800 567 567 • SADAG Mental Health Line 011 234 4837 • Akeso Psychiatric Response Unit (24-hour) 0861 435 787 • Cipla Mental Health Helpline 0800 456 789 • Substance Abuse line (24-hour) 080 012 1314 <p>-Source: SADAG</p>	<p>Counselling Centre 046 603 7070</p> <p>counsellingcentre@ru.ac.za</p> <p>Students may phone or email to make an appointment</p> <p>Psychological Emergencies (24-hour) 082 803 1077</p> <p>Students may phone in the case of emergency.</p> 

MAKANA BRICK
BUILDING TODAY FOR TOMORROW

WEATHER & TIDES 046 603 6300

FRIDAY 5 OCTOBER
Sunny, Strong WSW wind.
Temperature: Min 8°C Max 24°C
Tides: Low 04:27 16:54
High 10:17 21:13

SATURDAY
Partly cloudy, Moderate southerly wind.
Temperature: Min 12°C Max 23°C
Tides: Low 11:44
High 05:47 18:05

SUNDAY
Sunny, Light NE wind.
Temperature: Min 16°C Max 25°C
Tides: Low 02:21 11:31
High 07:24 19:30

MONDAY
Partly cloudy, Moderate SW wind.
Temperature: Min 18°C Max 30°C
Tides: Low 03:27 16:54
High 10:17 23:13

TUESDAY
Partly cloudy, Moderate SW wind.
Temperature: Min 28°C Max 34°C
Tides: Low 00:45 15:15
High 07:20 20:11

WEDNESDAY
Rain, Moderate SW wind.
Temperature: Min 19°C Max 22°C
Tides: Low 02:19 17:05
High 09:14 22:21

THURSDAY
Partly cloudy, Light easterly wind.
Temperature: Min 14°C Max 16°C
Tides: Low 07:00 19:37
High 00:42 13:18

FRIDAY
Partly cloudy, Moderate easterly wind.
Temperature: Min 13°C Max 20°C
Tides: Low 01:53 14:15
High 08:16 21:06

Temperatures and tides were correct at the time of going to press

Mayor's plans for Makhandanda

By SUE MACLENNAN

Makanda Mayor Nomhle Gaga has welcomed the change of the city's name from Grahamstown to Makhandanda and says the municipality will conduct public consultations to unite residents around it.

This week Minister of Arts and Culture Nathi Mthethwa announced that he had made his final decision on the gazetted name change of Grahamstown to Makhandanda. In a media release, Mthethwa said that following a "thorough, assiduous and painstaking process" he had found no just cause to withdraw the notice published in the Government Gazette on 29 June 2018.

"As such the proclamation as published in the Government Gazette in question stands."

On 29 June 2018 Mthethwa published in the Government Gazette No 41738 the approval of "Grahamstown" to "Makhandanda" after receiving recommendation from the South African Geographical Names Council (SAGNC).

The Ministry of Arts and Culture said it had received 332 complaints objecting to the name change, citing reasons including the claim that the Government Gazette on the 29 June 2018 was defective because it "...did not state the fact that the public have one month to object or com-

plain to the Minister on his 29 June 2018 decision".

Other reasons entailed complaints regarding lack of consultation "i.e. process, historical sentiment and nostalgia, and cost implications of the name change among other reasons".

"It has been the Ministry's stated position... that any notice that pertains to geographic name changes is not published in isolation but is meant to be read with the "South African Geographical Names Act, 1998" (Act 118 of 1998), "Promotion of Administrative Justice Act, 2000" (Act 3 of 2000) and the Constitution of the Country and the recourse in any administrative decision is clearly provided for by all these authoritative guiding documents," the Minister said.

Mthethwa said letters objecting to the gazetted name change had been acknowledged in writing.

"After taking into consideration complaints, the advice of the SAGNC, and the authoritative documents cited above, the Minister carefully applied his mind and took a final decision," Mthethwa said, and that as of Tuesday 2 October 2018 he had formally begun responding to every complainant informing them of his decision.

"Minister Mthethwa now wishes to advise members

of the press that following this thorough, assiduous and painstaking process he has found no just cause to withdraw the notice published in the Government Gazette on 29 June 2018 and as such the proclamation as published in the Government Gazette in question stands," Mthethwa's statement reads.

"The historical sentiments and arguments around heritage values were noted. While it is indeed the Department of Arts and Culture's mandate to promote and preserve our heritage, we cannot allow these sentiments to undermine government's transformational agenda on the country's heritage landscape. Standardisation of geographical names form part of a broader government transformation programme towards addressing the imbalances of the past, and it forms part of the symbolic reparations as recommended by the Truth and Reconciliation Commission."

In a statement responding to the announcement, the Keep Grahamstown Grahamstown (KGG) campaign maintained that the notice was defective because it didn't advise South Africans that they had a month to object to the name change.

"It was only through the efforts of Keep Grahamstown Grahamstown (KGG) which has campaigned for the re-

tention of the name Grahamstown since 2007 that people were made aware of the their right to object in terms of the relevant legislation and object they did," the campaign said. "The KGG's submission alone was on behalf of approximately 10 000 individual objectors and many more objections were submitted directly to the office of the Minister."

They said they regarded the change as unlawful and were confident of a successful court challenge.

Asked this week what plans she had to unite residents around the new name, the Mayor said the municipality would popularise the name by conducting public consultations.

As for new signage, an item on the new name would be tabled to Council and through Intergovernmental Relations Forum (IGR) discussions plans would be made to change signage in and around the city.

Historian Julie Wells, who drove the change in its early stages, said, "People who support this name feel that it is one that restores the dignity of the African people, which is deeply important. This view has been shared consistently ever since the name change debates started, so it is an appropriate conclusion."

Experience
TOP CARPETS AND FLOORS
The Trusted Professionals

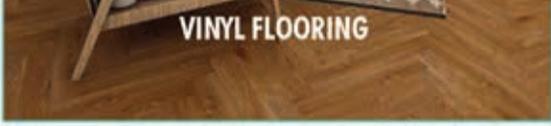
designerblinds



LAMINATE FLOORING



BLINDS



VINYL FLOORING



SHUTTERS

TOP CARPETS AND FLOORS PORT ALFRED
Tel: 087 350 4444
admin@topcarpetsportalfred.com
Shop 2 4b, Rosehill Mall, Port Alfred

TOP CARPETS AND FLOORS GRAHAMSTOWN
Tel: 046 622 3534
admin@topcarpetsgrahamstown.com
Cnr Hill & New St, Grahamstown

PRONTO

DRIVING SCHOOL
BESTUURSKOOL
Fast & Effective Training

45 Somerset Street
Grahamstown

BOOK YOUR FREE
ASSESSMENT LESSON
ON:
072 938 5579

@admin@prontodriving.co.za 0729385579 /drivingschoolgrahamstowr

Hide n SHADE

Garage doors
Automation
All types of awnings
All types of blinds
Carports



Pictured: Twist blind

Two sliding layers of fabric with sheer horizontal strips allow for an amazingly simple and effective method of controlling light and privacy. Contemporary addition to any existing window style.

PA: 046 624 4131
88 Albany Road
GHT: 046 622 9938
4 Hill Street

Select Luxaflex® dealer



videotronic



Radio & TV Services

73 High Street, Grahamstown
• Tel. 046 622 7119

For all your electronic requirements



DStv HD DECODER

Plus INSTALLATION

NOW
R499

Pick n Pay



SIZZLING SUMMER
SAVINGS

INCREDIBLE WEEKLY DEALS

Grahamstown

 <p style="margin: 5px 0 0 0; font-weight: bold;">T-Bone & Club Steak</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R79.99</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Per Kg</p>	 <p style="margin: 5px 0 0 0; font-weight: bold;">Lamb Roast</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R99.99</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Per Kg</p>	 <p style="margin: 5px 0 0 0; font-weight: bold;">Pork Belly Roast</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R49.99</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Per Kg</p>
 <p style="margin: 5px 0 0 0; font-weight: bold;">Malva in Bowl</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R24.99</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Each</p>	 <p style="margin: 5px 0 0 0; font-weight: bold;">Cheese Burgers</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R25.00</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Each</p>	 <p style="margin: 5px 0 0 0; font-weight: bold;">Roast Veg 1Kg</p> <p style="margin: 0 0 0 0; font-weight: bold; color: red;">R29.99</p> <p style="margin: 0 0 0 0; font-size: 0.8em;">Each</p>

Prices valid 5 - 7 OCTOBER 2018
AT PICK N PAY GRAHAMSTOWN

www.picknpay.co.za Customer Care 0800 11 22 55. Toll free landline only. Cellphone rates apply

Pick n Pay endeavours to meet the demand for these promotional items, but stocks are limited. Some stores may not stock some of these products. Please check availability. We strive to ensure all printed information is correct, but will not be liable for any print errors that may occur. Advertised prices are inclusive of VAT where applicable. We reserve the right to limit quantities. Smart Shopper terms and conditions apply. Certain products are excluded from the Smart Shopper Programme, please see instore or go online for more details.

SPCA warns on keeping dogs chained

STAFF REPORTER

The Grahamstown SPCA has called on members of the public to stop chaining up their dogs.

SPCA General Manager Mark Thomas said they are becoming very concerned with the increase in occurrences and complaints they are receiving and investigating of animals being chained.

"The regulations of the National Society for the Prevention of Cruelty to Animals (NSPCA) indicate that animals should be free from discomfort, pain, fear, hunger, thirst and injury, and free to express normal behaviour – the latter by providing sufficient space, proper facilities and company of the animal's own kind," Thomas said.

The Animal Protection Act No 71 of 1962, indicates that it is a contravention of the law if someone "confines, chains, tethers or secures any animal un-

necessarily or under such conditions or in such a manner or position to cause that animal unnecessary suffering or in any place which affords inadequate space, ventilation, light, protection or shelter from heat, cold or weather..."

SPCA Inspector Monwabisi Dingana said, "People should ensure their properties are suitable for dogs, including that there are no holes in fences and that gates are kept closed, and that there is suitable access to food, shelter and water."

"Offenders found to be contravening the stipulations for keeping an animal could be subjected to a visit by the SPCA, with failure to conform possibly resulting in the animal being removed," Thomas said.

Anyone wanting to report an owner whose dogs are being tied up or chained can contact the SPCA at 046 622 3233.

HAVE YOUR SAY

Speak it out and share the load

What's the best advice someone's given you when you were sad or upset, and going through a difficult time? **Lindani Donyeli** asked the question at the start of Mental Health Awareness Month. Read more on pages 2 and 7.



MICHELLE VREY
FARMER

That you're going through a bad patch – tomorrow is another day.



ROBIN MILLER
BOOKKEEPER

Keep strong and carry on.



JUNAID DE JAGER
GENERAL WORKER

Just walk away and come back - you'll be relaxed.



VAL MEATON
RETIRED

To pray.



ZAMEKA MATA
CWP

To pray: the moment I speak it out, the sadness leaves me.



EVIWE TSILI
CWP

To pray.

Makana Town Planning official named in awards

STAFF REPORTER

Makana Town Planning Official Gemma Meaton has been nominated by the South African Planning Institute (SAPI) for its National Planning Awards.

The award recognises special efforts, outstanding contributions and extraordinary performance in all aspects of the planning profession, in both the government and private sectors.

Winners will receive a specially designed award and will be recognised at a

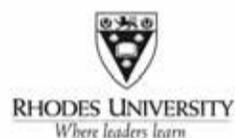
ceremony during the SAPI Planning Conference in Cape Town on 14-17 October 2018.

Meaton started as a Town Planner in 2016.

She initiated and remains responsible for catalytic leverage projects such as the upgrading of the airfield, renewable energy (Power X) and the Spatial Development Framework, while focusing on providing an efficient and effective planning service to the community of Makana.



Makana Town Planning official Gemma Meaton has been nominated by the South African Planning Institute (SAPI) for its National Planning Awards. Photo: Sue MacLennan



VC Research Award Lecture

Venue: Eden Grove Blue Lecture Theatre

Date: Wednesday, 10 October 2018

Time: 18:30

Vice-Chancellor's Distinguished Senior Research Award Lecture

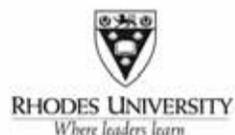
"'Adolescent' sexual and reproductive health: controversies, rights and justice"

by **Dist. Prof. Catriona Macleod**

BSc (University of Natal); HDE (University of Cape Town); BSocSci(Hons) (University of Cape Town); MEd(Psych) (University of Cape Town); PhD (University of Natal)

All are welcome to attend.

www.ru.ac.za



VC Research Award Lecture

Venue: Eden Grove Blue Lecture Theatre

Date: Tuesday, 16th October 2018

Time: 18:30

Vice-Chancellor's Distinguished Senior Research Award Lecture 2017

"One Language, One Love, One Humanity? #ACT"

by **Prof. Adv. Russell H Kaschula**

BA (Hons), LLB, PhD (Rhodes)

All are welcome to attend.



2018 BENEFICIARIES: GRAHAMSTOWN SPCA Feral Cat Project and Phoenix Dog Project
ONLINE PLEDGING OPENS ON 15 SEPTEMBER 2018 - santapaws.co.za

We are committed to **COLLECTING** and **DISTRIBUTING** packs made by the public for **NEEDY ANIMALS** in shelters to make their *Christmas* and *New Years* a little **warmer and brighter.**

Make a pledge!
With your help, each animal can get its very own special *Christmas box.*

EACH BOX NEEDS:

Two things **YUM** • Something **WARM**
• Something **FUN**
• Something **USEFUL**
• & an **OPTIONAL STAFF ITEM**

Drop-off points open from **1 October to 19 November**

Hand-over **1 December**

For queries contact: santapawsec@gmail.com

Grocott's Mail



Allow us to do a 6-point check & you could win R500 Fuel-Voucher



Csa: Colleen Kilani, Lungisile Heba (Winner) and Gavin Pagel (Manager) Photo: Supplied

Still no internet for Eastern Cape libraries

By SPHUME NDLOVU, ROD AMNER and JESSICA EVANS

There has been no public internet service in any of the Eastern Cape libraries since September last year.

According to provincial Department of Sports, Recreation, Arts and Culture (DSRAC) spokesperson, Andile Nduna, this is due to a failure to make provision for these services in the 2017-18 DSRAC budget and a breakdown in the relationship with the existing service provider.

Free internet services are still available to users in libraries in all the other eight provinces.

However, Nduna promised that internet access would be restored to libraries by November this year.

Free internet in libraries was made possible after 2014 as part of a R3-billion grant to the National Library for the countrywide upgrading of libraries. Internet access was procured from a national service provider, Vox Telekom, and paid for through the national Department of Arts and Culture (DAC). The internet project is known as Mzansi Libraries Online.

However, in 2017, the DAC handed over the responsibility for managing and budgeting for these internet services to

its provincial Departments of Sports, Recreation, Arts and Culture (DSRACs).

Nduna confirmed that the Eastern Cape DSRAC failed to budget for this transition.

He said the process was further complicated when negotiations between Eastern Cape DSRAC and Vox over the renewal of the contract broke down in August 2017. He added that the cause of the breakdown was the failure to agree on whether the internet hardware that had been installed in libraries by Vox would be owned by the service provider or by the libraries themselves.

Vox has a different account of what happened. Janie Maritz, who was until recently the accounts spokesperson of Vox Telecom, Eastern Cape, told *Grocott's Mail* in June this year that her company had withdrawn its services after Eastern Cape libraries had amassed a debt of over R1 million on their Vox accounts.

Meanwhile, according to the minutes of a recent Makana Library Advisory Committee meeting, Vox has begun the process of dismantling and removing its hardware from Makana's libraries.

Nduna said DSRAC had earlier this year made provision in the new 2018-19 budget for internet in libraries and was

now in the process of finalising the contract for a new tender to supply all the province's libraries.

He promised that internet services would be on-stream by November 2018.

Nduna said DSRAC had attempted to appoint an alternative internet service provider earlier in 2017, and was quoted in *Ground Up* in May that the services would be rolled out in June. However, Nduna said it had been discovered that this provider would not be able to deliver suitable internet connections to more "rural libraries" and the tender was not granted.

Meanwhile, Rhodes University library director Ujala Satgoor, said the lack of internet services in Eastern Cape libraries was "a travesty".

She said that "a lack of political will and vision" and underspend in provincial budgets had led to the general neglect of libraries and, in some cases, library closures.

In a Makana Public Safety and Community Services portfolio committee meeting in August, Councillor Brian Fargher spoke about the community's frustration at the lack of internet and the collapse of other basic infrastructure and services in libraries.

Fargher said parents and

pupils had staged a demonstration at Middle Terrace and that he had written to the MEC, to no avail.

"This is serious," he told councillors and officials. "With students unable to access the internet, this means they can't do school projects, they can't apply for bursaries – which means they have less chance of accessing tertiary education."

Last year, the Currie Street Community Library committee wrote to DSRAC's Sarah Baartman District office about the internet shutdown, along with a long list of other concerns about the library.

Eight months later, after several attempts to get answers from DSRAC's district headquarters in Milner Road, the library committee received a response in late June from DSRAC senior manager Vuyiseka Nokenke.

In the letter, Nokenke said that while she understood the frustration of the committee, the matter was "regrettably beyond our control".

"Procurement processes that are to be followed in order to appoint a new service provider are now delaying the whole process," Nokenke said.

She said that the committee's concerns would be forwarded to the Head of De-



A local learner researches a school assignment in the Fingo Village Library. Many learners made use of the free internet connections in Makana's seven public libraries before these services were suspended in September 2017.

Photo: Tiffany Majero

partment "for his imperative attention".

Currie Street Community Library committee secretary and liaison officer, Lizanne Du Preez, who is also a teacher at George Dickerson primary school, said she has witnessed the consequences of the public libraries in the area not having internet and its impact on school pupils. "Learners cannot do research projects," said Du Preez.

In an interview with *Grocott's Mail* in mid-September, Nduna said that DSRAC re-

gretted the lack of internet services in libraries. The department had decided to provide all Eastern Cape libraries with copies of CAPS-aligned study guides by the end of September to compensate for the lack of internet connectivity.

Grocott's Mail phoned a number of libraries around the province on 3 October – none had received the promised study guides by that time.

*Additional reporting by Sue MacLennan

NATIONAL ENGLISH LITERARY MUSEUM

CHANGE OF NAME OF THE NATIONAL ENGLISH LITERARY MUSEUM, GRAHAMSTOWN

UTSHINTSHO LWEGAMA LEMYUZIYAM YONCWADI YESINGESI YESIZWE, ERHINI

an agency of the Department of Arts and Culture

The National English Literary Museum is a Schedule 3A public entity of the Department of Arts and Culture situated in Grahamstown, Eastern Cape. The Museum is under the leadership of a Council appointed by the Minister of Arts and Culture and management appointed by the Council.

The Museum grew out of a collection put together by Prof. Guy Butler of Rhodes University in the 1970s and is now an impressive assemblage of literary materials by South African authors writing in English. The Department of Arts and Culture has recently made a considerable investment in the Museum with the construction of a new, purpose-built facility to accommodate the expansion of the museum's collections, exhibitions and public programmes. The Museum will be transforming its mandate to include the literatures of the indigenous languages of South Africa. Because of the location of the museum, which is Grahamstown, Eastern Cape, the first phase of expansion will be the inclusion of IsiXhosa literature.

The Museum aims to reposition itself as a world-class institution that is both responsive to the needs of South African society and a worthy custodian of South African literary treasures.

The National English Literary Museum would like to invite members of the public to submit suggestions or ideas for a new name for the museum that will reflect its new mandate and purpose.

- The following types of names would be considered *unsuitable*:
- names of places elsewhere in South Africa or abroad,
 - names that are discriminatory or derogatory with regard to race, colour, creed, gender, political affiliation or other social factors;
 - names that may be regarded as an advertisement for a particular product, service or organization;
 - personal names.

The name should include the words 'museum' and 'literature' or 'literary'. Submissions should be accompanied by a brief motivation.

Selection will be made by a committee appointed by the Council of the National English Literary Museum and the Council will make a recommendation to the Minister of Arts and Culture.

All suggestions and ideas must be offered on a voluntary basis and no payment will be awarded for the chosen name. All rights to the name will belong to the museum.

All submissions should be sent by **19 October 2018** to: The Director, National English Literary Museum, Private Bag 1019, Grahamstown 6140 or, hand delivered to 25A Worcester Street, Grahamstown 6139 or emailed to info@nelm.org.za. Further information may also be obtained from the above contact details.

IMyuziyam yoNcwadi yesiNgesi yeSizwe liziko likarhulumente leShedyuli ye-3A leSebe lezobuGcisa neNkcubeko elizine eRhini, eMpuma Koloni. IMyuziyam iphantsi kobunkokeli beBhunga elonyulwe nguMphathiswa weSebe lezobuGcisa neNkcubeko kunye nabaphathi abonyulwe liBhunga.

IMyuziyam yaphuma kwinqokolela kaNjingalwazi Guy Butler weYunivesithi yase-Rhodes ngo-1970 kwaye ngoku iyinqokolela ethabathekiso yemathiriyeli yoncwadi lwababhali boMzantsi Afrika olubhalwe ngesiNgesi. ISebe lezobuGcisa neNkcubeko liye kutsha nje laxhobisa kakhulu iMyuziyam ngokwakhiwa kwesibonelelo esitsha, esakhelwe iinjongo zonke ukuba sisingathe ukwandisa kwinqokolela yemyuziyam, imiboniso kunye neenkqubo zikarhulumente. IMyuziyam iza kutshintsha igunya layo ukuze iquke uncwadi lweelwimi zemveli zoMzantsi Afrika.

Ngenxa yendawo ekuyo imyuziyam, eyiRhini, eMpuma Koloni, isigaba sokuqala esiza kwandiswa iya kuba kukuqukwa koncwadi lwesiXhosa.

IMyuziyam ijolise ekutshintsheni umfanekiso wayo njengeziko elikudidi lwehlabathi elo lisabelayo kwiimfuno zoluntu loMzantsi Afrika kunye nomgcin oxabisekileyo wobutyebi boncwadi boMzantsi Afrika.

IMyuziyam yoNcwadi yesiNgesi yeSizwe ingathanda ukumema amalungu oluntu ukuba angenise iingcebiso okanye izimvo zawo zegama elitsha lemyuziyam eliza kubonakalisa igunya kunye nenjongo yayo entsha.

- Ezi ntlobo zilandelayo zamagama ziya kuthathwa ngokuba azifanelekanga:
- amagama eendawo naphi na eMzantsi Afrika okanye phesheya,
 - amagama acalulayo okanye agxekayo ngokuphathelene nohlanga, umbala, ukhoho, isini, iqela lezopolitiko okulo okanye eminye imiba yasekuhlaleni;
 - amagama anokuthathwa ngokuba azisa imveliso, inkonzo okanye umbutho othile;
 - amagama abantu.

Igama kufuneka liquke amagama 'imyuziyam' kunye 'noncwadi' okanye 'oncwadi'. Izingeniso kufuneka zikhatshwe yinkuthazo encinane.

Ukhetho luza kwenziwa yikomiti eyonyulwe liBhunga leMyuziyam yoNcwadi yesiNgesi yeSizwe kwaye iBhunga liza kwenza isindululo kuMphathiswa wezobuGcisa neNkcubeko.

Zonke iingcebiso kunye nezimvo mazinikwe ngokusekelwe ekuzithandeleni kwaye akukho ntlawulo iya kunika igama elikhethiweyo. Onke amalungelo kwigama aza kuba ngawemyuziyam.

Zonke izingeniso kufuneka zibe zuthunyelwe ngowama-19 EyeDwarha 2018 kwi: The Director, National English Literary Museum, Private Bag 1019, Makhanda 6140 okanye, ziziswe ngesandla ku-25A Worcester Street, Makhanda 6139, okanye zithunyelwe nge-imeyile ku-info@nelm.org.za. Ulwazi oluthe vetshe lunokufunyanwa kananjalo kwezi nkukacha zoqagamshelwano zingentla.

If you don't see the donkeys until they're up close and personal?...

...then it's time for an eye exam!

(receive a free pair of sunglasses with your eye exam!)

Eyecare Awareness Month
21 Sept - 18 Oct 2018:
Let's not meet by accident!

info@drdavies.co.za 046-622 6205
Call us now for an appointment.

www.gbsbank.co.za

HEAD OFFICE GRAHAMSTOWN

18-20 Hill Street, 6139
 P.O. Box 114, 6140

TEL: 046 622 7109
 EMAIL: gbs@gbsbank.co.za

Authorised Financial Service Provider (FSP1115, NCRCP23)

TWO YEAR FIXED DEPOSIT

8.94%

INTEREST PAYABLE ON MATURITY

Term in Months	Interest Paid	Interest Paid on
	Monthly	Maturity
12	8.00 %	8.30 %
24	8.25 %	8.94 %

Interest rates are quoted per annum. No monthly fees.

The way that you do it

This week's social media campaign and petition calling for the withholding of rates and the Section 139(1)(c) dissolution of the Makana Council comes at a time when the call for social mobilisation across the country is getting louder.

At the recent debate, hosted by *Grocott's Mail* and our partner organisations, the topic was 'Should residents withhold rates?' It was there that a group of residents made a strong call for the diversion of rates to "a credible and transparent NGO".

It's the same call that has been made this week in a petition that by Wednesday was approaching 4000 signatures, with the video post being shared almost 1300 times, giving the campaign a large reach, in social media (and actual) terms.

Not everyone who is gatvol with the state of affairs in Makana Municipality, the city of Makhanda (Grahamstown) in particular, supports the call. Valid concerns have included likely mounting debt for residents who withhold rates; concern that the governance structure and decision making processes of the organisation most often named aren't publicly accessible; and the precedent set in similar cases, where the court judged that if a government entity was failing in its statutory duties, it was the role of the courts, not private citizens, to bring it to order. One judgment cautioned against "anarchy".

But the cork is off and civil society has made it clear that genie's not going back into the bottle.

As the social media wizzkids integral to the petition campaign said, '5000 signatures would probably put us in front of the Mayor. We need 10 000 to put us in front of the Premier.'

'This campaign seems to have lit a fire.'

In her lecture at the Archbishop Thabo Makgoba Development Trust annual lecture at Rhodes University this week, Makhosi Khoza called for the revival of the spirit of the mass democratic movement. She called on government to stop seeing civil society as the enemy, but as an integral part of democracy.

At the Neil Aggett Memorial lecture at Kingswood College last week, Adam Habib spoke of the extraordinary power of mass action – citing the 10 days that the students of the Fees Must Fall movement took to achieve what vice chancellors had tried to negotiate over 10 years.

Habib also cautioned against the idea that any means is legitimate if it reaches your target.

"How you conduct your social action determines the outcome," he said.

To make the name change to Makhanda effective and visible will involve administrative and financial input. Whether our municipality can muster this among everything else it's trying to deal with, seems unlikely.

We think that some residents with Scottish origins might feel completely at home in a town that starts with what sounds like the clan prefix of Mac.

Best independent established newspaper in SA

Best Independent Established Newspaper in SA (Media Development and Diversity Agency/Sanlam Award, 2012, 2013 and 2014)

CALL US - 046 603 7111/ 076 733 1770

EDITORIAL, ADVERTISING AND ACCOUNTS

Africa Media Matrix building, Upper Prince Alfred Street
Letters: letters@grocotts.co.za What's On: community@grocotts.co.za
Online events: add yours at www.grocotts.co.za/event.

ADVERTISING

Thabang Booi Thabang.Booi@ads.grocotts.co.za 046 603 7103

ACCOUNTS

Anet Peter Anet.Peter@admin.grocotts.co.za, 046 603 7146

NEWSROOM AND PRODUCTION 046 603 7111

Sue MacLennan, Editor, editor@grocotts.co.za
Donnay Oosthuizen, Senior Designer, donnay@grocotts.co.za
Azlan Makalima, Online producer, azlan@grocotts.co.za
Kathryn Cleary, Reporter, ed7@ed.grocotts.co.za
Stephen Kisbey-Green, Sports Co-Ordinator, sport@grocotts.co.za
Lindani Donyeli, Reporter, lindaniidonyeli@gmail.com
Tolakele Silo, Reporter, tolakelesilo@gmail.com
Sim Kyazze, and Simon Pamphilon: Editorial support
Miles Keylock: Makana Sharp!

Established 1870: South Africa's oldest independent newspaper
Vol. 148 No. 038

Printed by Times Media Printing Company - Tiso Blackstar

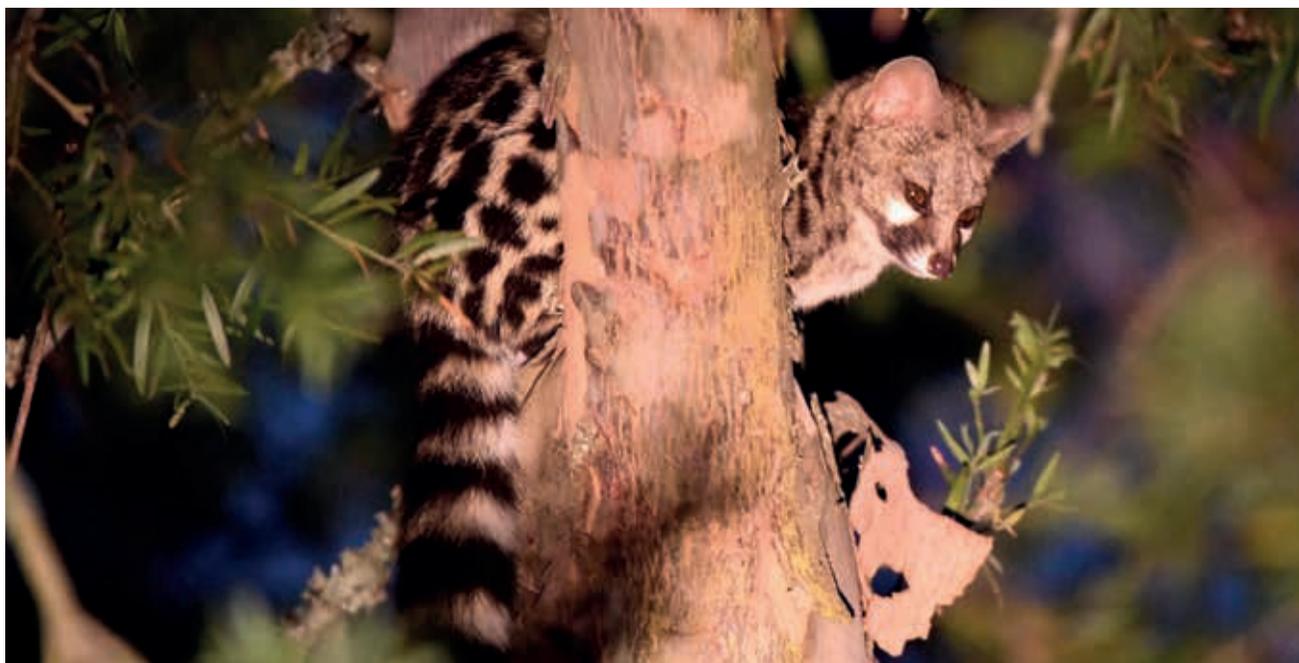
Grocott's Mail is published by the David Rabkin Project for Experiential Journalism, a company wholly owned by Rhodes University. The contents of this newspaper do not necessarily represent the views of either body.

Code of Conduct

Grocott's Mail subscribes to the Press Council's Code of Conduct, which obliges us to report the news truthfully, accurately and fairly (www.presscouncil.org.za). If you think we are not living up to this, your first step is to contact the Editor. If you are still dissatisfied, we encourage you to contact the Press Ombudsman at 011 484 3612/8 or pressombudsman@ombudsman.org.za



LETTERS to the Editor and COLUMNS



Eve and Jim Cambray consider themselves fortunate to have a spotted genet in their Park Road garden. Photo: Jim Cambray

Our real estate just got real!

We have been in our Park Road house since the mid 1980s and less have planted lots of trees including several yellowwoods. All yesterday we heard the birds performing and we thought it must be a boomslang which we have had in the trees in our garden.

At dusk, led by our semi-tame drongos, backed by the robins, a major calamity was announced and when the doves flew off I saw a long, feline tail sweep over the summerhouse and into the Brazilian pepper.

Jim rushed to get the camera, I retrieved the game spotlight – it was a small spotted genet that wasn't rushing anywhere... It took its time and probably raided the doves' nests but we couldn't be sure.

Then it settled in the yellowwood (we planted it in the late 1980s and it is now a substantial tree) and checked out the view unperturbed by the spotlight, giving Jim plenty of time to take a good picture. The genet then continued hunting, threading its way through the branches and away – we could follow its path with the help of the Drongo escort party's noise which seemed to go towards the veggie patch!

We told our neighbours who had never seen a genet in their gardens either. So our forest and that of our neighbours is working for wildlife. But the birds are surely not happy with this new addition to our wildlife along Park Road!

Eve and Jim Cambray

Community can be counted on for support

The Feral Cat Project recently held a collection on 29 September 2018. We would like to thank Pick n Pay and Mr Jon Campbell, for allowing us to hold our collection in front of their store at Pepper Grove Mall. We would also like to thank the following for giving of their time to collect for the Feral Cat Project: Lynne Grant, Lolly Richardson, Val Theron, Connie Niekerk, June Venn, Joey Watson, Willem Retief, Gail Zeelie, Dianne Bates, Colleen Duffy, Lynn Henson, Marge van der Merwe, Di

Sonneman Lisa-Jane Martindale and Stuart Martindale.

Many thanks to Ian Fletcher for all the admin done before and after collection. We would like to thank the Makhanda (Grahamstown) community for their generous donations of cat food and money. Our thanks to Lynne Grant for her dedication in looking after the town's feral cats.

Lollie Richardson and Mary Bowker

Asking 'Why?'

October is Breast Cancer Awareness Month. The Health Department says breast cancer is one of the most common cancers among women in South Africa, crossing race and class. This month, Survivor **Judith Reynolds** shares with *Grocott's Mail* readers the life-changing experience of diagnosis, treatment and recovery. This is the first in her four-part story.

When I was diagnosed with breast cancer I started to think about why. 'Why me?' 'Why cancer?' 'Why my breast?' I think it's natural to wonder why but it's also potentially problematic.

One answer to why I developed breast cancer is that I was in my 40s and hadn't had a child. My oncologist found this information relevant enough to describe me as 'nulliparous' (I had to look it up) in a referral letter he wrote for me. Apparently breast cells only really 'mature' when they produce milk for breast feeding and if they don't go through that they remain like immature teenagers. Unstable and rebellious and prone to antisocial behaviour. But I also know women who have breast fed three children and still developed breast cancer.

Another answer could be that there is a history of cancer (though not breast cancer) on one side of my family. But I've seen the numbers for how often breast cancer can be linked to a faulty gene, and the number is between 5% and 15%.

So at least 85% of women who get breast cancer don't have a family history of the disease.

I discovered that being overweight was a risk factor for breast cancer so I thought for a while about how I had been rather plump for a few years before I was diagnosed. Then I read that weight is only a risk factor for women who are post-menopausal (because oestrogen gets made in fat in post-menopausal women).

Alcohol is also a risk factor for breast cancer and I wondered if my habit in recent years of drinking regularly, though never heavily, had led to the cancer.

Or the meat I had eaten. Or the times I had been too lazy to do exercise. Though I know of tea-totaller, marathon running vegans who have had breast cancer.

There are people who think that periods of stress, and how the immune system is weakened by chronic stress can be a risk factor for all cancers. Helplessness or an inability to change a very stressful situation has been associated with



cancer risk.

Asking 'why' is tricky. I feel that I have to walk a very careful line. I don't want to lay blame on myself because I can't go back and change the past. And feeling guilt or regret isn't helpful. But accepting that lifestyle choices could have led (at least in part) to my diagnosis, helps to motivate me to make better choices now. And I can't necessarily remove stress from my life. But I can learn ways of dealing with it.

NEXT WEEK: The 'war' on cancer – I'm not that kind of warrior.

Facts about breast cancer

The incidence of breast cancer among South African women is increasing and it is one of the most common cancers among women in South Africa. It is the most prevalent cancer among white and Asian women and the second most common cancer among black and coloured women.

Early detection of the condition can lead to effective treatment and a positive prognosis. About 90% of patients survive for many years after diagnosis when breast cancer is detected at the early stages.

Regular self-breast examination and regular mammograms are key to early detection.

Presenting yourself early for treatment may result in more effective treatment, leading to a reduction in pain and suffering and a significant decrease in the loss of life.

The designation of October as "Breast Cancer Awareness Month" in South Africa reflects a nationwide drive by public and private healthcare structures to raise awareness of this debilitating disease across all races and class structures.

Source: Department of Health bit.ly/GrocBreastCancer

Makana celebrates Mental Health Awareness Week

By KATHRYN CLEARY

October is Mental Health Awareness Month, and Makana is gearing up for Mental Health Awareness Week next week, culminating in World Mental Health Day on 10 October. *Grocott's Mail* spoke to Mohamed Docrat, Pharmacy Manager for Makana Health Sub-District and Iain Reid, Head of Psychology at Fort England Hospital.

"Mental Health Awareness Week is important," said Docrat. "Mental health at times is put on the 'back burner' due to competing demands. This week gives us an opportunity to bring it to the fore, highlighting the many challenges our communities face in regards to mental health."

"The aims of Mental Health

Awareness Week are two fold; to raise awareness about mental health problems and available help and to assist in de-stigmatising mental health and reducing discrimination against people with mental health problems," said Reid.

The Department's health promotion team is currently visiting local health care facilities to speak about substance abuse and its effects on communities.

Docrat stated that the focus for this year was on substance abuse. "Our health care practitioners at the facilities, together with community structures, have identified substance abuse as a huge problem," he said.

An event to celebrate World Mental Health Day would be

held at 10am on 10 October at Joza Indoor Sports Centre (venue and details to be confirmed at the time of publication).

"Approximately 1 in 6 South Africans including children and adolescents suffers from relatively common mental problems like depression and anxiety," said Reid.

"If residents are going through a difficult time or know someone going through a difficult time they are encouraged to seek help. They should not ignore the difficulties or try to struggle through them."

Docrat and Reid encourage community members to seek help, and attend community events to better educate themselves about mental health.



A group of runners silhouetted against the sunset at the top of Mountain Drive. Exercise, peaceful places and sharing with others are some of the resources you can use to nurture your mental health. Photo: Sue MacLennan

#WhatIf more people knew there was help? Ask the expert #MentalHealthMatters

By KATHRYN CLEARY

With October being Mental Health Awareness Month, *Grocott's Mail* spoke to The South African Depression and Anxiety Group (SADAG). SADAG is running a number of campaigns this month and offers constant free resources for those experiencing mental health issues.

"We are tackling mental health issues by talking openly, debunking myths and destigmatising mental illness every day this month," said SADAG Press Liaison Kayla Phillips.

"Follow SADAG's online #WhatIf campaign for Mental Health Awareness Day throughout October. #WhatIf more people knew that there

was help available before it was too late? #WhatIf people knew that Depression was a real medical illness that needed real treatment? #WhatIf we had more serious conversations about depression with our teens?"

10 October is World Mental Health Day, and this year's focus is youth mental health.

According to the World Health Organisation (WHO), "Adolescence and the early years of adulthood are a time of life when many changes occur, for example changing schools, leaving home, and starting university or a new job. For many, these are exciting times. They can also be times of stress and apprehension however. In some cases, if

not recognised and managed, these feelings can lead to mental illness."

Alongside the #WhatIf campaign, SADAG is also hosting a free online question and answer session on 12 October.

"Experts will be answering questions on Youth and Mental Health. Are you a student struggling to cope with the work load before exams? Trying to identify the warning signs of Depression in your friend? Are you feeling down and don't know who to turn to? Join the #FacebookFriday chat from 1pm - 2pm, and again at 7pm - 8pm. #FacebookFriday," stated Phillips.

For more information, please visit SADAG's website or social media platforms.

By KATHRYN CLEARY

Speaking to a psychologist for the first time can be intimidating, so we did it for you! In honour of Mental Health Awareness Month, we asked an expert common questions about mental health. Asha Dullabh is a Clinical Psychologist and Director of Therapy-SMART, a mental healthcare service with branches in both Makhanda (formerly Grahamstown) and Cape Town.

"It should not be considered as a character weakness, but rather a combination of symptoms of complex biological, psychological and sociological imbalances. All of these aspects require attention and healing. People should be treated with the same respect, compassion and empathy as someone experiencing a physical illness," says Dullabh.



Asha Dullabh

Q. What advice can you offer for those who are, or who know someone going through a difficult time?

The first step to helping patients and loved ones is to get them to talk about it. There are still so many who feel alone, scared and misunderstood. Increased awareness and a policy of educating the public about mental health issues will encourage more people to share their diagnoses and seek help. Seek the best professional help with the right fit. Offer ongoing support, acceptance and understanding that mental illness deserves with the same compassion.

of people living with HIV who also present with a mental condition, and increased crime rates, which result in conditions such as post-traumatic stress disorder (PTSD)."

Q. What about stigma? Where does it come from and how can we fight it?

We need to raise awareness to dismantle the stigma that surrounds and encapsulates mental conditions. Often the stigma is worse than the actual disease. How does the stigma manifest? Stigma is associated with being "fear based". People fear being discriminated against, judged and rejected by family, friends and colleagues should they admit to having a mental condition. With mental illness there is often an absence of physical symptoms resulting in the perception from some that mental illness is 'not real', a figment of the imagination.

Reintegration after disclosure of one's condition is also important as many fear that they going to be ridiculed, judged, or rejection often leading to feelings of shame, anger, frustration and disappointment. It lowers one's self esteem, self-concept and autonomy.

Q. What are some things people can do at homes to combat feelings of anxiety and depression?

Pay more attention to good sleep. Modern research suggests that poor sleep is the most destructive to the mind and body as its negative effects trigger an imbalance. Stress and depression manifests in poor sleep which manifests in the body and is the precursor to most physical disease.

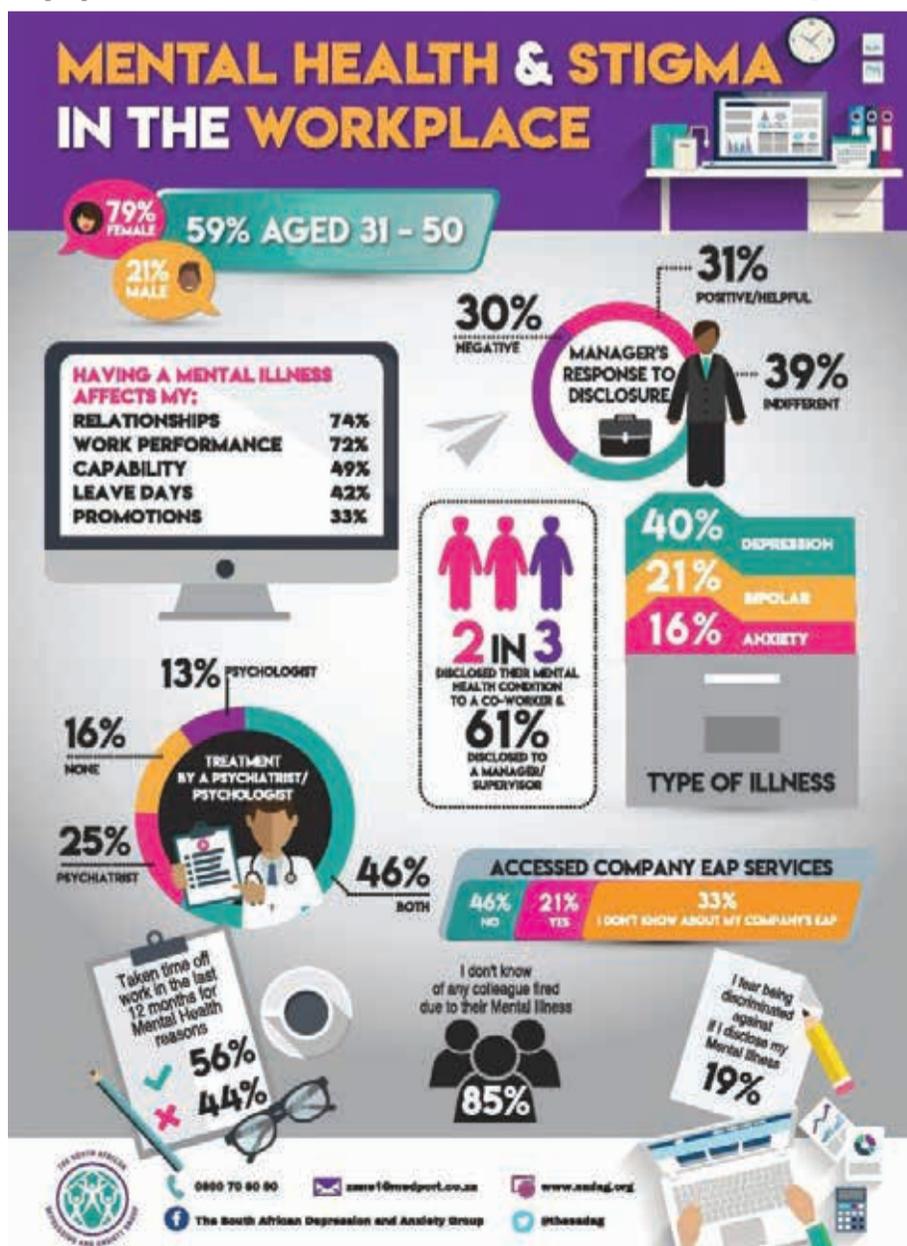
10 tips for a better state of mind

- Have quiet time to do nothing.
- Have relaxation time.
- Question one's job satisfaction.
- Nurture one's relationships with others on an authentic level.
- Make good choices and be decisive.
- Reduce or stop alcohol intake.
- Most importantly start reducing reliance on drugs.
- Place an emphasis on good nutrition.
- Connect with one's body.
- Exercise.



Q. What is the significance of Mental Health Awareness Week in South Africa? And specifically for young South Africans?

At some stage or another, all of us regardless of race, age, gender, profession will all some point experience a state of imbalance which may manifest as symptoms of mental "dis-ease", impacting our entire sense of being. South Africa in particular is faced with increasing percentages



FOLLOW

Grocott's Mail

@GrocottsMail

Carinus Art Centre held their annual exhibition recently. Learners from PJ Olivier, Graeme College, Victoria High, Ntsika High, Victoria Primary and Fikizolo Primary took part. A fantastic variety of art on show ranged from drawings, paintings, sculpture and textiles to ceramics and printmaking. At the opening, Joubert Retief, principal of PJ Olivier, gave a thought-provoking speech, reminding everyone that art transforms and that the love for art is magic.

Photo: Steven Lang



Imbongi

Kuninzi mawethu ebendi nokuthetha ngako malunga nobumbongi kodwa ixesha nethuba lindiminyile kakhulu.

Kodwa ndithemba kukho nto ivakalayo koku ndikutshoyo.

Andigqibanga ukuthetha ngembongi.

Andingetsho ndithi ndiyi mbongi yomthonyama esakhasayo kodwa ndiphakathi kwezo ziphume izandla kwicala lezo mthonyama.

Ngale nyanga yamagugu ndithi mandithi gqabagqaba ngeli gugu lakwa Ntu lidala endicinga ukuba lidala nakune siko.

Oku kuguga ke kuyabonakala kuze zimini.

Isithethe seembongi siya sincipha ngokuncipha. Ityala ke ndilibeka kuzo iimbongi.

Kaloku ubumbongi bune migomo ethile engabhalwanga ngasandla kodwa ethi ibhalwe emibilini.

Nditsho ngolu hlobo; imbongi ngalo lonke ixesha isima phambi kwabantu nokuba balu hlobo luni na, inambhalo iwubhalayo emibilini yabantu.

Baze abantu benze izigqibo ngoko bakuvayo ngeendlebe zabo.

Baqale ke bathi "le yiyo imbongi yomthonyama" phofu besiva ukulandelelana kwamagama nesingqi ethi ichankathe ngaso.

Imbongi iyasixelela ukuba iinkosi neekumkani bezisoloko zineembongi ezisoloko zibonga ecaleni kwazo xa kunge mfuneko.

Nto leyo ibisuka inike isidima imbongi kuba inkolo yayisithi, imimoya yezinyanya yiyo ephembelela imbongi.

Ukuba ke imbongi inempembelelo yabanga sekhoyo ithi lo nto kumele kuphume usulungeko lwentetho kuyo. Ikhali okanye ikhutshaza.

Noko nje yayine lungelo lokuthetha nanjanina kodwa akukho mntu angaze ahloniphe umntu okhamisa atyhale enga yiqiqi into amaka yithethe, lo nto yabangela ukuba iimbongi zaziwe njengabantu abantetho ine ntlonipho kodwa xa zithetha intetho engamkelekanga esidlangalaleni ngendlela yokubonga lo nto zaziyebeke kulandelelwano lwamagama azele uburharha.

Igugu lomzi omnyama eli ukubonga sekuna mhlanje yinto eya isehla isidima kuba iimbongi ezisakhulayo zifunda ukubonga ngokusuke zitsho okumanyumnyezi ngemilebe yazo.

Okokuqala imbongi ayikwenzi oku: ayihlekisi ngokuthuka umntu wase tyhini, intetho erhabaxa iyibhekisa kumntu omkhulu kuyo ngendalo, ngamagunya kwakunye nalowo ulingana nayo.

Imbongi zakudala zazi saziwa ngentlonipho.

Ukuba bendine thuba bendiya kutetha ngeendidi zeembongi.

Camagu mawab'akowethu NguDumisa Mpuha



KILN MANAGER POSITION

The company is looking for a Kiln Manager. Interested applicants must have the following characteristics.

- Minimum requirements; a B. Tech or B Sc. Degree.
- Good observational and problem-solving skills
- Should be a hands-on-person
- Employ good judgement with minimum supervision
- Prior experience on a tunnel kiln would be an advantage but training will be provided

Please e-mail your CV to Mr Lunga Twaku - lunga@makanabrick.co.za

Closing date: 14 October 2018



St Andrew's College, Grahamstown, is nationally acclaimed and internationally recognised as one of South Africa's great boys' boarding schools. It is a school rich in tradition, yet alive with progressive thinking, embracing world class excellence.

St Andrew's
COLLEGE



OPERATIONS MANAGER

The successful candidate will:

- manage operational aspects of administration including repairs and maintenance, security, household and campus supplies, asset management, health and safety
- control budgets and projects associated with campus development
- have an excellent command of English and isiXhosa
- have strong organisational skills and the ability to lead and manage teams.

Previous experience in the building industry would be an advantage.

To commence: immediate

Closing date: 19 October 2018

Applications, including a detailed CV and the names and contact details of three referees, should reach Ms Leigh Vetch by Friday 19 October 2018. PO Box 182, Grahamstown, 6140
l.vetch@sacschool.com | 046 603 2300

The application form is available on our website under "Employment Opportunities". All applications will be treated in strict confidence. The school reserves the right not to proceed with the filling of the post. An application in itself does not entitle the applicant to an interview.

www.sacschool.com

Divas to light up the city



Nombasa



Zahara



Msaki

STAFF REPORTER

Zahara, Msaki, Nombasa Maqoko and the Kwantu Choir will perform tonight, 5 October at 7pm in the Guy Butler Theatre at the Monument. To celebrate the conclusion of a successful National Tourism Month, the National Arts Festival and Eastern Cape Parks and Tourism Agency (ECPTA) present a one-night-only concert featuring some of our province's finest talent.

Headlining the show will be East London-born Zahara. Her debut album in 2011 went double platinum in 17 days, and bagged her eight South African Music Awards, including Album of the Year and Best Female Artist. She followed that up with more hit albums and awards over the years, with her 2017

album, Mgodi, going gold just six hours after its release.

Supporting Zahara are two rising stars. Labelled "trailblazing" and "unique" in the media, Msaki is an acclaimed, innovative guitarist and vocalist; while Makhanda's Nombasa Maqoko is rapidly building a fan base of people loving her afro soul sounds that are authentic to her roots.

An added bonus for concertgoers will be a chance to experience the Kwantu Choir, fresh from their triumphant performance at the World Choir Games in Pretoria, presenting a programme of music that pays tribute to some of the best women vocalists of our time.

This is a rare opportunity to see an array of talents on one stage for an extraordinary even-

ing of song. Tickets are just R50 each – book online at www.ticketethut.co.za or in person at the Monument – call 046 603 1103 if you have any queries. The Box Office will be open all day on Friday for ticket sales and for collection of tickets booked online. Beer, wine, soft drinks and snacks will be on sale.

In celebration of another iconic Eastern Cape woman, the ECPTA and the Festival toured Warona Seane's production of OoMaSisulu to King Williams Town, Lady Grey and Queenstown in September.

This tribute production is based on Elinor Sisulu's biography of Albertina Sisulu and featured 2018 Standard Bank Young Artist for Performing Art, Chuma Sopotela in the lead role.



A WINNER AT THE 2018 GREAT BRITISH CARE AWARDS

IS ACTIVELY RECRUITING FOR DECEMBER /JANUARY

IF YOU ARE AVAILABLE AND LOOKING FOR A REWARDING EXPERIENCE WHY NOT CONSIDER

LIVE-IN CARING IN THE UK

CORINIUM CARE, established in 1995, provides live-in care to elderly and vulnerable adults across the UK. The agency has a strong history of recruiting in South Africa and offers carers the flexibility to choose when to work.

Experience, although welcome, is not essential and successful applicants will receive :

- a FREE 5 day award-winning training course in the UK
- FREE accommodation whilst training
- a competitive pay rate, holiday & sick pay
- support from field-based care managers

If you have good communication skills, a clean driving licence and most importantly a compassionate and caring nature this incredibly fulfilling work could be for you.

For more details on our seminar in Port Elizabeth please contact Lindy on 046 675 1994 or email lindy@coriniumcare.co.za. www.coriniumcare.co.za

APPLICANTS MUST HAVE A BRITISH OR EU PASSPORT OR ANCESTRAL VISA



Kingswood College Head Jon Trafford (left), Neil Aggett Memorial Award joint winner Danielle Griessel, speaker Adam Habib, joint award recipient Etienne Marais and chairperson of the school's council Di Hornby outside the Kingswood College Chapel after the Neil Aggett Memorial Lecture on 27 September. Photo: Sue MacLennan

Be consistent, Habib urges leaders

By SUE MACLENNAN

Mass action and mobilisation is essential for social justice was the message of academic, activist and political commentator Adam Habib at Kingswood College's Neil Aggett Memorial Lecture on 27 September. The school hosts the lecture annually in honour of former pupil who died as an activist in the anti-apartheid struggle. Habib used his experience of the Fees Must Fall struggle to illustrate the power of social activism. "In 10 days the students achieved what vice chancellors had been trying to do for the past 10 years," he said, describing the pressure on tertiary institutions as their mandate grew, while state subsidi-

dies remained static. However, Habib emphasised that in any struggle, the means is as important as the ends. "Social action cannot be unqualified," Habib said. "If you are violent, you undermine the rights of the institutional community." Habib condemned the destruction of R800 million in infrastructure at South African universities during the Fees Must Fall campaign. "The action you take must be compatible with the outcome," he said. Habib cut no ice about the duplicity of some of the student activists who, he said, said one thing publicly and another privately. "There were student leaders who publicly condemned

the security measures put in place during the protests – yet in private expressed gratitude that their safety was assured," he said. "There were student leaders who publicly called for the boycotting of exams, yet privately asked to write theirs," he revealed. "A leader must be consistent in their public and private engagements," Habib said. "Activists must practice a politics different to that practiced in the current political system." Deputy Head Boy Etienne Marais and Danielle Griessel, who is chairperson of the Interact Committees of Grahamstown, were the joint recipients of this year's Neil Aggett Memorial award

Khoza warns of another Hitler, Amin as youth, poor ignored

By SUE MACLENNAN

In order to self correct, the ANC would have to get rid of 85% of its current leadership. "We are governed by the psychologically defeated," Makhosi Khoza told the audience at the Archbishop Thabo Mokgoba Development Trust Annual Lecture at Rhodes University on Monday 1 October. Khoza's no-holds-barred take on getting education right, sorting out local government, working with not against civil society and holding the Constitution as a moral reference point were themes that confirmed Khoza's reputation for facing off with sacred cows. The annual event with the theme of values based leadership is hosted by the Business School and has featured extraordinary women in three of its four editions. Khoza was appointed Executive Director and Head of OUTA's (Organisation Undoing Tax Abuse) Local Government Programme in May this year, nine months after her axing as chairperson of Parliament's portfolio committee on public administration. If the issues in local government weren't solved, South Africa couldn't be fixed, Khoza said. "The money has gone and that's why the municipalities have collapsed. The corruption bubble has burst – but we are still eating," Khoza said to the audience in Rhodes University's Eden Grove Lecture Theatre. Referring to Makana's routine use of its equitable share (the portion of national tax municipalities get quarterly for subsidising services to poorer residents) to pay off its Eskom debt, Khoza said, "There's no dignity in that.

"The money's gone – that's why the municipalities have collapsed. I don't know why we are destroying our people. "The time looks short between now and May," Khoza said. "But the looting that will happen in that time!" The other factor destroying local economies, Khoza said, was that entrepreneurs were being sidelined. "Local businesses are the only way government has to provide sustainable and affordable resources," Khoza said. "We need small businesses to create local jobs. Some of them are holding up the local economy." She was horrified at the fact that under a Constitution designed to undo the harm that separate development had wreaked, communities were once again separating themselves. "There is no freedom of movement in some parts of Joburg," she said. "Areas are closed off with boom gates. This is because we are governed by a defeated people who are living on the deprivations of yesterday." Khoza said that among those in charge of South Africa, a culture of instant gratification was greater than concern for consequences on future generations. "The rate of unemployment among our youth is a recipe for the rise of an Idi Amin, an Adolf Hitler," Khoza said. "The conditions are ripe." She also warned against sidelining the interests of the poor. Cosatu President Zingiswa Losi, who was in the audience, spoke about some of the policies being introduced by President Cyril Ramaphosa. Losi is a member of the ANC's National Executive Committee.

"Whatever policies he makes, the President needs civil society behind him," Khoza replied. The culture of the mass democratic movement, where civil society was seen as integral to democracy, rather than as the enemy, needed to be rekindled. **Programmes and principles** But what should not be rekindled are old programmes. "The problem with liberation movements is that they are established for a particular mission," Khoza said. "The only way for them to survive is to keep the programme of yesterday alive." People were no longer elected because of leadership qualities, but for the control they had over branches. "A unity vote is not about principle," she said. "If the ANC wants to self correct it must get rid of 85% of its leadership. This recycling of failure is very insulting to me as a Black African." **Land redistribution** Khoza said she had no problem with land redistribution. "I have a problem with priorities. We have Grade 4s who can't read or write." Khoza warned that failure to follow proper processes in the redistribution of land would resurrect a colonial mentality and allow white supremacy to flourish. "Don't create an antagonistic environment," she pleaded. "It will tear this country apart." Since the lecture series' inception four years ago, speakers have been former Public Protector Thuli Madonsela, former president Kgalema Motlanthe and former First Lady, Graça Machel.

'It starts in your back yard' - Mayor gets stuck in

By LINDANI DONNELI

This week, Makana Mayor Nomhle Gaga and Ward 2 councillor Ramie Xonxa embarked on a clean-up in Joza around the Ethembeni Old Age Home together with the Community Works Programme (CWP). This is part of a clean-up campaign that the Mayor started in August. During these campaigns the Mayor requests that people staying around the area and using the illegal dumping sites stop dumping in those areas. The municipality refuse truck collects refuse on a weekly basis, the Mayor said, and residents are urged to take out their refuse during their scheduled days. "We are aware that residents have been complaining about the non-delivery of black refuse bags. Refuse bags are now available and

are delivered to each household. If the house owner has tenants it is the responsibility of the owner to get refuse bags for their tenants, not the municipality," said Gaga. "The community must take responsibility for their areas to clean up their dirtiness. It all begins by cleaning your own yard." "We have a programme [called] 'Thuma Mina' and we are running it from my office," said the Mayor. "It gives me the opportunity to be with the community. From next week they will be fixing water leaks. It is important for the community to clean up their areas – and that does not cost them a cent," she said. Gaga stated that they have solved the problem of water contamination and encouraged community members to report water leaks and pay rates.



(Centre) Mayor Nomhle Gaga and (Left) Ward Councillor Ramie Xonxa, accompany CWP members and community members. Photos: Lindani Donyeli



FOLLOW



Grocott's Mail
@GrocottsMail

WHATSAPP



Grocott's Mail
076 733 1770

Traditional food for indigenous health

By NOSIPHIWE NGQWALA

As we celebrate our heritage it is important that we look at our heritage not only as an opportunity to wear our traditional attire, recite our clan praises and eat our traditional food.

We need to also look at our indigenous knowledge and apply it to our reality.

Currently climate change effects on human health are potentially increasing with varied impact. Expected increases in the frequency, intensity and duration of extreme weather events are likely to result in unprecedented impacts on public health.

Impacts are likely to be greatest in the developing countries such as South Africa. Besides nutrition, climate change also threatens the global economy.

Indigenous or traditional food has been abandoned for a western diet that is known to have a high prevalence of non-communicable diseases and uses up a lot of health care budget.

The so called "western diet" is rich in fat and low in carbo-

hydrates and fibre.

A good example is a burger: it contains 28g protein; fat 19g; saturated fat 9g; sugar 6g; sodium 910mg; carbohydrates 33g.

Indigenous foods such as amarula, calabash, leafy vegetables etc should not only be celebrated on heritage day, but should be part of our diet every day. For example amarula fruit (*Sclerocarya birrea*) is rich in ascorbic acid potassium, calcium and magnesium.

The seed contains a nut with antioxidants and oleic acid, palmitic acid, myristic acid and stearic acid and proteins rich in amino acid glutamate and arginine.

All these are vital for human health. Pumpkin leaves are rich in vitamin B6 (pyridoxine) which is essential for brain development in children.

Our communities are neglecting the importance of traditional diet intake and suffer from the negative effects of junk food.

The cultural beliefs and everyday practices of families

have a powerful influence on the diet choices of youth.

The ongoing nutritional transition in South Africa has made people more vulnerable to non-communicable diseases such as stroke, coronary heart diseases, physical inactivity, hypertension, and diabetes mellitus.

Increase in obesity and overweight has been associated with this issue found in adults and stunting and underweight in young children.

Heritage month should also aim to explore the significance of indigenous lifestyles to improve the status of our national health.

The capacity of amaranth leafy vegetables are to be used in addition or substitution of the agricultural produced food as a tool to fight food insecurity in South Africa.

•Dr Nosiphiwe Ngqwala is a senior lecturer in the Pharmacy department at Rhodes university. She is also an Executive Committee for South African Yound Academy of Sciences (SAYAS) and also part of Activate youth leadership.

Celebrating the calabash

Lagenaria siceraria (Calabash, Bottle Gourd, *Iselwa*)

Traditional communities would gather around and drink *amasi* (sour milk) from the *iselwa* (calabash). After finishing the *amasi*, women play a musical instrument called *uhadi* (Xhosa musical bow string) made from a calabash.

Calabash

The plant is a close relative of pumpkins and squashes belonging to *cucurbitaceae* family. It is a creeping annual herb with the stems supported by tendrils. The large, rounded leaves are somewhat toothed along the margins and are hairy below. Flowers resemble those of the pumpkins but they're not yellow, and open at night. The fruit is green at first, but becomes pale brown when it ripens and dries out, leaving a thick, hard, hollow shell with practically nothing inside except the seeds (the fruit fleshy dries out completely).

What is Uhadi?

Uhadi is a Xhosa musical instrument made of *injikwe* (stave), *usinga* (string), *umqungu* (the beater), and *iselwa* (resonator).

Stave

One of the early choices of wood in making the stave or *injikwe* in isiXhosa, was a tree called the *umbangandlela* (*Heteromorpha arborescens*). It was later made by bush call 'uliza' which in abundance on the mountain sides of the Eastern Cape. The length of the stave is made by measuring the wood in relation to the arm of the particular.

The wood is then forced into curved shape by forced the ends into an inward direc-

tion and secured in this position by means of stringing.

The string

Before the 20th century, the string or 'usinga' in isiXhosa was originally made from a length of animal gut or hair. Artists of the 20th century made bow-strings from the twisted wires of the bangles that the women wore in their ankles. The bangle was heated on the fire and stretched out to be used for the bow. By the 21st century, Xhosa people started making strings out of brass wire.

The resonator

The resonator is made from calabash which is a growing calabash that is harvested when green and allowed to dry out.

A hole is made on one surface where the stalk would be attached approximately 7-9mm wide.

The seeds are removed, and the inner walls of the gourd are scraped with a stick to remove all residue. The gourd is left to dry for at least two days. After the gourd has dried out, two small holes are made in the centre, in the area directly opposite the opening.

To make the insulating pad, a piece of soft cloth is folded into a square.

Another narrow strip of cloth is twisted into a thin rope or 'string', and this is passed through the two small holes in the gourd, so that the two ends hang loose, and are available for securing the gourd and the insulating pad to the bow stave.

TRADITIONS TO TREASURE



Someleze Mgcwuwa

The beater

The beater is called 'umqungu' in isiXhosa, and is made from the tambokkie grass, or *umfuqa*. https://en.wikipedia.org/wiki/Uhadi_musical_bow

History of Lagenaria

Lagenaria is one of the most ancient of all crop plants and is considered to be indigenous to Africa. There are many questions around the origin of the bottle gourd. Did it really originate in Africa, as is usually supposed? Was it domesticated as a food plant or as source of gourds? Archaeological remains in Africa date back a mere 2 000 years, while Central and South American sites have seeds dating back about 9 000 years. No one can say with certainty if the seemingly spontaneous populations on Africa are truly wild.

It is possible that early wild forms were dispersed along the sea currents to tropical America, Asia and Papua New Guinea. The fruits are known to float in the sea for many months without the seeds losing their viability. Green leaves are commonly eaten as a vegetable and are added to maize porridge, or a relish is prepared with them, mixed with other plants.

References

Van Wyk, B.E., Gericke, N. *People's Plants, A Guide to Useful of Southern Africa. First edition, first impression. 2000, second impression 2003, third impression 2007, Briza Publications, Pretoria.*

My Garden



Growing up green



Mnimimzi Bastile's garden is his living. Photo: Lindani Donyeli

Mnimimzi Bastile lives in K Street. He's been growing things since he was barely as tall as a spinach plant - taught by his own green-fingered dad. The reason for him to plant is that he is unemployed. 'I don't have a job, or a way to make money, so this helps me a lot,' he told Grocott's Mail. He grows cabbages, spinach, mielies and beetroot. Recently he started planting pumpkins. He would appreciate being given more seeds to plant. - Story and photo: Lindani Donyeli

FOR ALL YOUR GARDEN REQUIREMENTS

Trees • Pots • Compost/potting soil • Shrubs

Water features • Seedlings • Garden Ornaments

Fertilizers • Garden Furniture • Tea Garden



1 Cromwell Street, Grahamstown
Tel: 046 622 6069



Rhodes University School of Journalism and Media Studies lecturers Anthea Garman and Harold Gess presented at the Sustainable Seas Trust (SST) Communications and Networking Workshop in Port Elizabeth on 2 October 2018. An exciting think tank focusing on the issue of plastics in the world's oceans, the workshop featured members from organisations including SST, SA Plastics and PETCO, and was also attended by Dumisani Buthelezi, Director of Waste Management, Department of Environmental Affairs. Together, members of industry, government and media put their heads together to brainstorm new ways of tackling the plastic problem. The workshop encouraged participants to shift the focus away from plastics, and on to human behaviour. Though South Africa cannot ban the plastic bag, society can change the way it thinks about plastic use. Photo: Kathryn Cleary



Makana tourism
Leave inspired
63 High Street
046 622 3241



Great Big G'town Week

community@grocotts.co.za

For church notices please go to bit.ly/GrocChurNo

FRIDAY 5 OCTOBER

DIVAS: A NIGHT TO CELEBRATE LEGENDS
7pm for one night only - three extraordinary talents in one amazing concert...Msaki, Nombasa and Zahara. PLUS the sounds of Makhanda's own Kwantu Choir. Friday 5 October in the Guy Butler Theatre - tickets only R50, available at tickethut.co.za or at the door (if its not sold out)

SATURDAY 6 OCTOBER

SUPURBAN MARKET
10am at St Patrick's Church, Hill Street. Come along to browse stalls, buy local, enjoy the live music and bask in a bustling atmosphere! Or join us as a stallholder or performer... Calling all creatives, young entrepreneurs, purveyors of locally-made goods and performers to join our monthly markets! Its a celebration of Grahamstown creativity and community. Perhaps your friends are all mad about your crafts, you want to supplement your income, you want to raise funds for your organisation, your kids are doing something creative, you have a band/music group that is wanting to perform... get involved! To join us please contact 076 375 5787 or phillippa.irvine@gmail.com

MAKHANDA RAP & DANCE BATTLES

3pm at The Bridge Sport Bar, next to Tata's Liquor Store. Makhanda RDB is a monthly competitive event, taking place every first weekend of the month. This month, the rap battle is between Mindskills and MaSixteen, the dance battle is between Masie and Sgaqa. There will also be live performances from local artists. R10 entrance.

MOVIES AT THE MONUMENT

5pm at the Olive Schreiner Theatre. 5pm: Loving Vincent. 7.30pm: Florence Foster Jenkins. Contact movies@nationalartsfestival.co.za or call Kate or Akhona on 046 603 1103.

SUNDAY 7 OCTOBER

RIVENDELL DAY HIKE
7am at Rivendell Farm. DESCRIPTION AND DIFFICULTY: A circular route of approximately 8km. Not difficult, only one incline which can be paced. COST: R50 per person would be appreciated as this will be a charity hike in aid of the Interactors who are clearing alien vegetation along Mountain Drive. However this is not compulsory and any amount as a donation will be most welcome. WHAT TO BRING: A day pack with refreshments and a packed lunch to enjoy at the dam. Water is essential. MEET: at Pick and Pay car park. Drivers to be paid R20 per passenger. Address all Queries to Katja Offerman on katje@legal-aid.co.za or message Billy on 079 697 4927.

TUESDAY 9 OCTOBER

BOOK LAUNCH
5pm at Nelm. A book launch hosted by the Institute for the Study of the Englishes of Africa, Rhodes University and the National English Literary Museum. The book is entitled *Sol Plaatjie: A Life of Solomon Tshekiso Plaatjie 1876-1932* by Dr Brian Willan who will be in conversation with Prof Jeff Peires. RSVP: Mr Matshoba on z.matshoba@nelm.org.za

THURSDAY 11 OCTOBER

BOOK LAUNCH
5pm at ISEA Tea Room. Book launch of *I never learned to dance: A South African memoir of abuse and survival during childhood* by JH Botha. It is set in the Transvaal in the years just after World War II. It chronicles the struggle of three brothers to survive the on-going violence imposed by their undisciplined parents. Rendered powerless by a conspiracy of silence and a conniving father who has police on his side, the boys nevertheless fight back with resilience, creativity, humour and determination. The book and its author will be introduced by Silke Heiss of Give your wiring the edge, <http://silkeheiss.weebly.com/gywe.html>. Contact Nomangesi at the ISEA at 046 603 8565 or Liz on 082 780 1920.

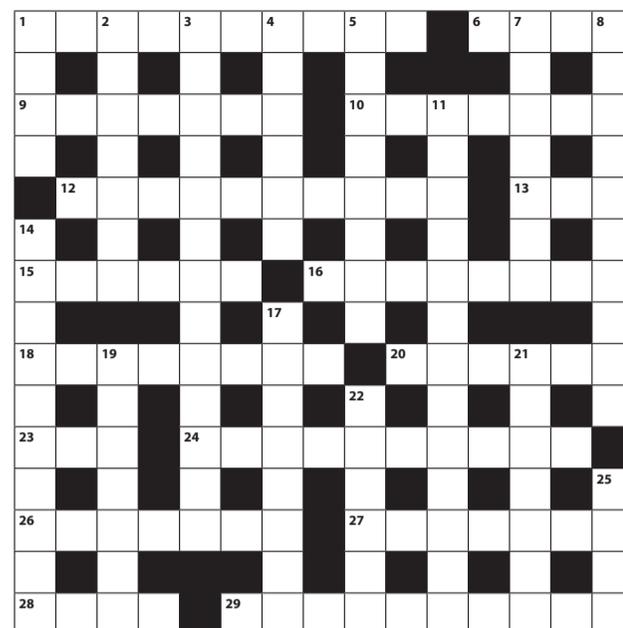
SATURDAY 13 OCTOBER

1820 SETTLERS ASSOCIATION TALK/LUNCH: TALK BY CRYSTAL WARREN
12pm Long Room The Highlander. Topic: NELM: The first green museum in South Africa. Time: 12:00 (drinks); 12:30 (talk); 13:00 (lunch) Cost:R66. Bookings with Pauline Henson 0466224814: <mailto:p.henson@telkomsa.net> or Fleur Way-Jones: f.way-jones@am.org.za

FRIDAY 19 OCTOBER

BOOK LAUNCH
6pm at the Ploughman Pub at the Bathurst Showgrounds. LA Lore II by Quentin Hogge and Bugs Wilmot, illustrated by Basil Mills. LA Lore was published 25 years ago and was the product of Bug's febrile brain and Gerard Marx's glorious cartoons. 25 years is a long time to wait for a sequel, but as Judge Eric Leach notes in his introduction to "LA Lore II", 'Things move S-L-O-W-L-Y in the Lower Albany, but the wait has been worth it.'

JDE The Original South African CRYPTIC CROSSWORD



JDE 154

ACROSS

- 1 Impressive address by soldier surrounded by prisoners and even Maoists returning (10)
- 6 Unconvinced, I tentatively accept check (4)
- 9 Rotational part is spoken about (7)
- 10 Fiasco of taxi reversing into middle of parade leader (7)
- 12 Shall years preserve nothing left by chance? (5-5)
- 13 Drink quietly after party (3)
- 15 linked to limb - a trimmed digit (6)
- 16 Catches sneer about holding revolutionary answer (8)
- 18 Grand rubbish zone gets worse (8)
- 20 Mount home for first silkworms on counter (6)
- 23 Behind Africa's friendly introductions is time (3)
- 24 Saw medical aide? Yes, one is accommodating (4,4,2)
- 26 N1 is all right (2,5)
- 27 Spread terrible case around block (7)
- 28 Medicine changes dog's tail (4)
- 29 Steer mice out late sleep-in places (10)

DOWN

- 1 Cut yield (4)
- 2 Arresting Crosby after restriction is lifted (7)
- 3 Told on unrestrained date: "I lied five times" (6-7)
- 4 Hose only rambling borders of nasturtiums (6)
- 5 Lazy home-share with empty nest (8)
- 7 Sudden death when again chopped up (7)
- 8 Sinned so nervously stressed around father (10)
- 11 Unacceptable South African state from 1994? (6,3,4)
- 14 Pressure to hang back with detached air is connected to mass cribbing (10)
- 17 Enjoy being in city's green heart with family (8)
- 19 Leaving letters for remote settlement (7)
- 21 New-born has life force as integral part of breathing (7)
- 22 It grinds steel into fragments following promising debut (6)
- 25 Wows and provides spirit (4)

Compiled by George Euvrard.

Crossword Solution for last week JDE 153




Grocott's Mail. 076 733 1770



Makana tourism
Leave inspired
63 High Street
046 622 3241



Grahamstown Weekly What's On

Mondays GRAHAMSTOWN BRIDGE
6.30pm at Grahamstown Bowling Club. Duplicate Bridge. Contact Sheila Hicks 083 442 3322 .

SCOTTISH COUNTRY DANCING
7.30pm at Trinity Presbyterian Church. Learn Scottish Country Dancing in a friendly social setting. Beginners welcome. Contact Val Hodgson 046 622 2308

Tuesdays SENIORS BRIDGE AND TEA
2pm at Christ Church Speke Street. Come and boost your weekly bridge. Join our 10 to 20 cheerful, friendly players. Cost R10 per person per week. Contact Maureen 046 622 5215.

Thursdays GRAHAMSTOWN BRIDGE CLUB
1.30pm at Grahamstown Bowling Club. Duplicate Bridge. Contact Sheila Hicks 083 442 3322 .

Sudoku

Complete this Sudoku correctly and drop it off at Grocott's Mail in the box at reception at AMM building, Upper Campus and stand a chance to win a **Calabash voucher**.

			5			4		
	8	5		9				
4		7				2		
					1	6	2	
	7							
8	4			3			9	
			9					8
6		8			5			
3			6	1				

Name: _____

Contact Details: _____

Winner for 28 September is Ian McJannet.



See more events on our online calendar at <http://www.grocotts.co.za/grocotts-mail-diary/>

Bridge Results

Monday 1st Oct 2018

Session 1 Section A

4 Table 24 Board Howell Movement

1. Peter Midlane & Mary Schudel	63.19%
2 Pat Shepherd & Jenny Haswell	59.72%
3 Dave Gain & Selina White	56.94%
4 Margaret Banks & Ilva Benyon	54.86%
5 Pair 5	47.22%
6= Pair 7	40.97%
7= Pair 4	40.97%
8 Pair 6	36.11%



FOLLOW
Grocott's Mail.
@GrocottsMail



WHATSAPP
Grocott's Mail.
076 733 1770



Vintage Mercedes at the Wizards on Wheels car show in East London last weekend.
Photo: Bradley Grobbelaar

Vehicle licence amnesty opens

STAFF REPORTER

Vehicle owners with outstanding licence penalties and arrears have until New Year's Eve to apply for amnesty, the Eastern Cape Department of Transport announced this week.

Transport, Safety and Liaison MEC Weziwe Tikana said the amnesty period is 1 October to 31 December 2018 and

only applicants who have not paid their licence fees from 1 January 2005 to 31 March 2017 would be considered for a discount.

For local vehicle owners, the Makana Traffic Department will receive amnesty applications and forward them to the Head Office, who will send the response back to Makana.

"Only vehicles licensed in the Eastern Cape will be considered, subject to motivation and sworn statement," Tikana said and only the owner or title holder may make the application.

To apply take with you an affidavit, a certified copy of your ID and proof of address not older than three months.



New vehicle exports reach record high in September. Image: Supplied

New vehicle exports reach record high in September

By HELMO PREUSS

The National Association of Automobile Manufacturers of South Africa (NAAMSA) on Monday reported that new vehicle exports reached a new record high of 36 341 units, which was a 1.2% increase on the previous record set in September 2017 and 14% more than the August number and is good news for the South African economy, as it means that the rand could strengthen and reduce the cost of imported goods such as oil.

The 15% boost in vehicle unit exports compared with July was one of the reasons why the foreign trade balance swung to a R9.8 billion surplus in August from a R5.3bn deficit in July. The value of transport equipment export surged by R3.986bn in August to R16.482bn, so this export category could top R20bn in September and support the Eastern Cape economy where several motor manufacturers are located.

The Association said vehicle exports remained a function of the direction of the global economy which, despite rising protectionism and trade disputes, continued to reflect robust conditions.

"Following the record export sales during September, 2018 and taking into account relatively strong order books reported by most vehicle exporters, exports were ex-

pected to improve further and reflect strong upward momentum in 2019, 2020 and subsequent years. The projection of export sales for 2019 was currently 384 000 export units compared with an estimated figure of 340 000 for the current year," the industry body said.

Last year there had been a disruption to vehicle exports due to storms along the eastern seaboard with the result that October 2017 exports dropped by 22% month-on-month and industry executives are keeping their fingers crossed that this year will not see a repeat.

New vehicle sales for September were down 1.9% year-on-year (y/y) with a total of 49 670.

This was the fourth y/y decline so far after declines in January, February and August. Despite this, the year-to-date number was only marginally lower with a 0.8% y/y decline.

Looking specifically at the dealer channel that accounted for 79% of new vehicle sales in the industry, total unit sales were down 2.3% y/y.

Nevertheless total new vehicle sales through the dealer channel have remained relatively strong, showing an increase of 1.9% year-to-date.

Consumers have had their disposable income impacted by price increases from manufacturers due to the weak-

ening rand, the hike in the Value-Added Tax rate to 15% from 14% implemented in April and ongoing fuel price increases that have resulted in a record October retail petrol price in Gauteng of R17.08 per litre, which is 21.9% more than a year ago.

Rentals sales increased significantly in September at 20% y/y, but were still down 3.6% on a year-to-date as tourism growth in the first seven months of this year has been subdued. Part of President Cyril Ramaphosa's stimulus plan announced last month was to ease visa requirements to boost tourism, which is a key job creator.

"The increase in rental sales is a seasonal trend seen this time of year as rental companies gear up for the pending holiday season," said John Loxton, WesBank Executive Head of Fleet Management and Leasing.

Sales of new light commercial vehicles, bakkies and mini buses dipped 1.2% y/y in September, while sales in the low volume medium and heavy truck segments of the industry reflected some improvement and grew by 0.4% and 4.7% respectively compared with the corresponding month last year.

Both segments had now recorded improvements for the third consecutive month indicating an improved confidence among businesses.

Tall (and short) tales sure to entertain

Book review: *The Game Ranger, the Knife, the Lion and the Sheep: 20 Tales about Curious Characters from Southern Africa.* (David Bristow, Jacana Media, 2018. 200pp.)

By KYLIE VAN ZYL

August, 1903, Limpopo. Pitch dark. Game-ranger Harry Wolhuter dangles from a lion's jaws, trying to remember if his knife is still in its sheath.

On a blistering day in early 1714, Maria Mouton breaks every rule of the slave-owning Cape.

December 1809, and Khoi leader Dawid Stuurman escapes exile on Robben Island in a stolen whaling boat.

More than century and a half later, Helen Martins turns a small house in a remote village into a peculiar jewel.

Southern African history is stuffed chock-full of incident and action, and this book gathers twenty-one tales of the region into one eye-catching volume.

The Game Ranger, the Knife, the Lion and the Sheep is the second book

in David Bristow's *Stories from the Veld* series.

In a slim but action-packed two hundred pages, Bristow takes the reader on a tour of the last three hundred years of Southern African history—orevenbefore—indeed, from murky pre-history when the Karoo was an ocean floor, right up to the 2000s.

Fossils, poets, freedom fighters and scientists all put in an appearance.

It's clear from the first wild anecdote that the former *Getaway* editor approaches his material with affection and gusto, zig-zagging between personages as diverse as the ornithological illustrator Claude Finch-Davies, the prophet Nongqawuse, less-than-totally-successful missionary-turned-explorer David Livingstone, and the 17th-century Khoi translator Krotoa/Eva.

But occasionally,

Bristow's enthusiasm for his topic sometimes outstrips his grip on the material.

Some chapters and stories in the book are a little uncomfortable, and at times the book's lively, confident tone sits awkwardly with the gravity of the material it discusses.

Bristow's writing harks back to the work of classic Capetonian storyteller Lawrence G Green. Chatty and engaging, it surfs nimbly between personal anecdotes, reflections on the meaning of history, and what schoolchildren persist in calling "history-history," and the author clearly has a knack for unearthing unexpected facts and events and turning them to the light.

The Game Ranger, the Knife, the Lion and the Sheep will make an interesting addition to any bookshelf of South African pop-history books.

SETTLER CITY TOYOTA

69 Beaufort Street, P O Box 325, Grahamstown,
Tel: (046) 622 2328 / 622 2031 / 622 7017, Fax: (046) 622 8200

DEMOS - PASSENGER AND COMMERCIAL VEHICLES

Please do not hesitate to contact us should you be interested in an Automark Toyota Demo Model. Passenger or Commercial

PRE-APPROVED PASSENGER AND COMMERCIAL VEHICLES

2013	HILUX D/CAB 3.0 D4D RB RAIDER 4X2	R259 900.00
2015	TOYOTA COROLLA 1.8 EXCLUSIVE A/T	R245 900.00
2012	TOYOTA FORTUNER D4D 4X4	R315 900.00
2016	RAV 4 2.2 DIESEL AWD	R379 900.00
2017	HILUX 2.8 GD6 RB RAIDER SINGLE CAB	R349 900.00
2014	HILUX 2.5 D4D 4X4 SRX SINGLE CAB	R259 900.00
2015	TOYOTA AURIS 1.6 XR HATCH BACK	R229 900.00
2016	ISUZU KB250 DTEQ HI RIDER EXTRA CAB	R265 900.00
2010	FORTUNER 3.0 D4D 4X4	R249 900.00
2018	AYGO X CITE WITH SUNROOF	R189 900.00

DEALER CHOICE OF THE WEEK

HILUX 2.4 GD6 DOUBLE CAB SRX
R415 900.00

EXTRA'S - Rubberising, Bonnet Protector, Smash & grab

Please visit our New and/or Pre-owned Showroom at 69 Beaufort Street, Grahamstown and come and meet our friendly Sales team to view or test drive any of our range of vehicles. Also feel free to contact us on any of the numbers below. If you can't come to us - we come to you!

TANYA ROSSOUW - SALES MANAGER - 071 158 0461

ASHLEY LANGSON - 082 865 4219

MARCEL ROSSOUW - 078 389 2008

AYANDA YOLANI - 073 648 0716

Classifieds

1. Personal 2. Announcements 3. Sales & Services 4. Employment 5. Accommodation 6. Property 7. Motoring 8. Legals

Grocotts Mail

5 OCTOBER 2018

1. PERSONAL

Funeral

Siyakubonga Funeral Services



Funerals arranged by Siyakubonga Funeral Services. 6 Cobden Street Grahamstown Tel: 087 357 7047 Please go and our facebook page, all notices available on every week

FUDWANA SINTHEMBA uhlala kwa 5971 Extension 6, Grahamstown ungcwatywa ngoMgqibelo umhla we 06 October 2018.

YAKENI NOZUKO LETTICIA uhlala kwa 18 Royi Street, Xolani Loc, Grahamstown ungcwatywa ngoMgqibelo umhla we 06 October 2018.

MFECANE-KRALO NOMSA GLORIA uhlala kwa 6843 Extension 8, Grahamstown ungcwatywa ngoMgqibelo umhla we 06 October 2018.

XOTOVO VRENTSHI uhlala kwa 230B Joza Loc, Grahamstown ungcwatywa ngoMgqibelo umhla we 06 October 2018.

ISRAEL KIVIT residing at no 27 Dickerson Street, Grahamstown will be buried on the 06 October 2018.

MAPAPU-BUNI uhlala eGoodwoods Farm, KwaSteki, Grahamstown ungcwatywa ngoMgqibelo umhla we 06 October 2018.

BURTON NOTWINI ESTHER uhlala kwa 2385 Nogqala Street, Kenton on Sea ungcwatywa ngoMgqibelo umhla we 06 October 2018.

KETANI MZIMKHULU uhlala kwa 866 Manyati Street, Bathurst ungcwatywa ngoMgqibelo umhla we 06 October 2018.

DOBO THANDEKA uhlala kwa 2822 Thembisa Street, Bathurst ungcwatywa ngoMgqibelo umhla we 06 October 2018.

SHUSHWANA NOZIBONELO uhlala kwa 3828 Mbundwini Street, Port Alfred ungcwatywa ngoMgqibelo umhla we 06 October 2018.

GWENTE ZANDISILE uhlala kwa 1836 Mbundwini Street, Port Alfred ungcwatywa ngeCawa umhla we 07 October 2018.

Do you have a Community Service Event coming up?

Grocott's Mail is giving away **20 words** or less for only **R10** per insert.



ZANDISILE BASHE Uhlala kwa 4516 Extension 7 Grahamstown, ungcwatywa ngomgqibelo umhla we 06 October 2018. Funeral will be conducted at 4516 Extension 7 Grahamstown. **BOLA NONXUBA** Uhlala kwa 5013 Hlalani Location Grahamstown, ungcwatywa ngecawe umhla 07 October 2018. Funeral will be conducted at Bantu Church Of Christ 'Z' Street Grahamstown.

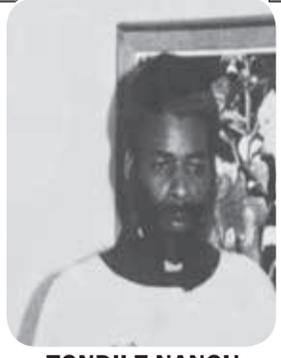
QAPHELA:EKUBENI UKUFA KUNGOMNTU/ NOKUVUKA EKUFENI KUKWANGOMNTU.1 KOR 15 VERSE 21

FUNERAL SERVICE ARRANGED BY TITI FUNERALS 083 511 2193 046 622 9739

Death

POOLE GRAHAM Died on Tuesday 25th September 2018, following a short illness. Dearly loved husband of Sally and father of David and Cathy. In accordance with his wishes, a private family memorial has been held. Our very sincere thanks to Dot Parsons, Sunshine Coast Hospice and Dr. Ross Wright.

MARIA JOHANNA DAVIES "Min" passed away in Port Elizabeth 17 September at the age of 97. Rest in peace, our loving and beloved friend, deeply mourned by the Marechal and Maclennan families.



ZONDILE NANGU Passed away peacefully on Tuesday 2nd October 2018. Funeral Service will be on the 12 October 2018. It will start at home at 07h00 at No.13 Gibb Street, Levyvale Uitenhage and proceed to St Andrews Anglican Church, Jolobe Street KwaNobuhle at 09h00

Call our mobile number 076 733 1770

Anniversary

Congratulations Preston & Nils on 10 brilliant years. Mom & Mel

2. ANNOUNCEMENT

Notices

ALCOHOLICS ANONYMOUS, PROTEA GROUP. Drinking problem – get help from us! Meetings 7.30pm, Monday night at the Princess Alice Girl Guide Hall, African Street, opp BP Garage.



Child Welfare Grahamstown is looking for the biological father of **Lucwayito Seipati Yawa**, Born, 18/01/2011 and **Oratile Lucwayitile Yawa**, born, 17 /08/2012. The mother of the above mentioned children, Cwayita Yawa, is deceased. Please could anyone with information contact Nasiphi Matshaya, Social worker from Grahamstown Child Welfare on 046-636-1355.

FURNITURE AUCTION 13th Oct, 10am, The Scout hall, African street. Tools, couches, new beds, ice cream fridge, lots of smalls and so much more. For more info contact Craig on **0763123514**.

3. SALES & SERVICES

Furniture

2ND HAND HOUSE. High Street. Buyers & Sellers. Quality furniture, antiques, removals. Contact: **073 470 6105**

Home Maintenance



For all your Refrigeration Air Conditioning & Electrical requirements **PLEASE CALL WILLIAM 083 427 4350** William@reedselectrocool.co.za



www.grocotts.co.za

Do you require a highly skilled painter who can also plaster walls, lay tiles, glaze windows, and repair roofs and gutters? If so, phone Patrick Mgqobele at **083 929 1317**. For a recommendation, contact Mike or Sue at **046 636 2312** or at **082 778 1242**.

Services Offered

GRAHAMSTOWN TRREFELLING & GARDEN REFUSE REMOVAL

Cell: 079 157 3401 WhatsApp Only: 0712114723 Email: mbholdings01@gmail.com. Treefelling and stump removal. We undercut any quote.

DIGS TO DIGS REMOVALS Furniture Removals (local & national), Deliveries & Daily Refuse Collections. Call / WhatsApp: **081 436 9750**

Transport

YABO'S TOURS

*Reliable & safe journeys
*For funerals, local & long distances.

For bookings call **079 814 9700** or e-mail yabotours@gmail.com

Miscellaneous Wanted

Cars and Bakkies wanted in any condition. Old Models are welcome too Please contact Himat on : **082 722 6183**

To Let

2 Offices to let in High Street opposite the courts. Rent very reasonable. Immediate occupation. Contact: Wimpie Bosch at 0832282191 or 046-6227116

Did you know?

Grocott's Mail

offers contract advertising at discounted rates.

www.facebook.com/grocotts/

Pets



Cell: 082 552 3829 Tel : 046 622 3527

For Well Cared-for, Happy Pets

SPCA GRAHAMSTOWN

046 622 3233 spcaght@gmail.com

Please visit our facebook page (SPCA Grahamstown) for full write-ups about all our animals looking for homes – including pictures. (Photo albums: Dogs/ Cats ready for adoption).

We are in desperate need of funding, with escalating costs that exceed our monthly income, we are grateful for any donations to allow us to keep going and are still in desperate need of a sponsor for a tow bar, assembly and towing pack for our Toyota Hilux. This will assist us greatly in being able to transport more animals and make better use of a recently donated animal trailer. Our main thanks this week go out to BUCO, Aquaflow Guttering Systems and PG Glass who have been wonderful in their support for much needed emergency repairs to the SPCA Centre and our only operational vehicle. Thank you to everyone who continues to support your SPCA. We really appreciate all the donations of food blankets and voluntary support we have received and continue to receive, which helps us continue to support all the animals who need us. From all the animals here at the SPCA and those we have yet to help and assist thank you so very much for caring.



Cat of the week Hi... My name is **Misty** and I am a beautiful white, with grey tabby patches cat, with a playful personality. I am very affectionate and love cuddle time. I would love a caring family to call my own. To meet me or any of the other adorable cats and kittens, please visit the Grahamstown SPCA or for more information call 046 622 3233.



Dog of the week: Hi..... My name is **Sasha** and I am an adorable Black and Tan Mixed Breed. I enjoy nice walks in the countryside and am very, athletic and playful. I would make a lovely friend and addition to any family. Please visit us at the Grahamstown SPCA or for more information call 046 622 3233. Thank you very much to the Grahamstown community for your continued food donations. Blu Robin, Madhatter's Coffee Shop and Pam Golding Grahamstown are very kindly acting as pet-food drop off points. Kennel Sponsorships are still available for only R850 for a year!! Thank you to Grahamstown Vets and Ikhala Vets for your continued support. We are very pleased with all the young people becoming involved with the Grahamstown SPCA, thank you all for all the help you give us and the time you spend with the animals. Thank you to all the volunteers for coming up to the SPCA, walking and socialising the animals. Please continue to support us by buying books in aid of the SPCA from Madhatters Coffee Shop in town and Noom Coffee Shop in the industrial area. Look in our facebook 'Adoptions' photo albums, to see who has found their forever home. Visit our SPCA shop on site! All books only R20! Boarding fees : Dogs- XL R55; L R53; M R47; S R42; Puppy or Cats R39. We desperately need fundraising ideas. Please call 046 622 3233. **We desperately need fundraising ideas.** Please call 046 622 3233.

www.grocotts.co.za

4. EMPLOYMENT

Employment Offered

Brookshaw Home require a Handyman submit CV's to the Manager at Brookshaw.

8. LEGALS

SALE IN EXECUTION

IN THE MAGISTRATE'S COURT FOR THE DISTRICT OF ALBANY HELD IN GRAHAMSTOWN

Case No: 34/2017

PENNYPINCHERS PORT ALFRED BUILDING MATERIALS TRUST t/a PENNYPINCHERS PORT ALFRED

and **ANDREW LABUSCHAGNE (now STERLEY)**

Plaintiff and Defendant
IN PURSUANCE OF a judgement of the above Honourable Court dated the 01 June 2017 and Warrant of Execution dated 17 July 2018 the following goods will be sold in execution on the **26th October 2018 at 10h00 at the Magistrate Court, High Street, Grahamstown**

1 X FORD BANTAM BAKKIE (WHITE) REG NO: DHM 821 EC

DATED at GRAHAMSTOWN this 20th day of September 2018

WHITESIDES ATTORNEYS

Plaintiff's Attorneys
53 African Street
GRAHAMSTOWN

6139
(Ref: R ASMAL/bm/ Z11353)

Tel: 046 622 7117

Fax: 046 622 6188

Come hurry to Grocott's Mail offices to place your Birth & Death Notice for Free under 20 words

CLASSIFIED DEADLINE: Wednesday @ 4pm

Centuries for Marshall and Gornall in local league

By CHESLEY DANIELS

Veterans Andrew Marshall and Steven Gornall recorded impressive centuries over the weekend of 29-30 September for their respective clubs in the Grahamstown Cricket Board's first league fixtures. Marshall (103) and Gornall (108) were for Manleys and Cuylerville in their respective defeats, despite their efforts.

Southwell vs Manleys Flats

The defending champs, Southwell comprehensively defeated a defiant Manleys by 85 runs and secured a bonus point in their encounter. Southwell batted first and scooped a massive 285/8 in their allotted 50 overs. Claude Matthews top scorer with a fine 73 and received good support by captain James Stirk (58) and Brad Ford (58*). Bryon Wakeford 2/27 (7) and Lester Isaacs, were the stand-out bowlers for Manleys.

Manleys got off to a slow start, losing wickets at regular intervals, but the veteran and evergreen Marshall tried his utmost, scoring a patient 103

(eight 4s and a 6). Wakeford also weighted in with 42* but it was all in vane as Manleys reached 200/4 (50). Bessie Du Preez shone with the ball for Southwell, picking up 2/19 (10), while Jeff Tarr 1/35 (10) and Fred Rubbigge 1/46 (10) gave valuable support.

Cuylerville vs Port Alfred

Port Alfred first team stunned Cuylerville in their own backyard with a nail-biting 10 run win on Sunday 30 September. Port Alfred scored 220/6 (50). Opener Jacques Jones top score with a solid 70*.

JC Pittaway (59) and Warren Bowdler (39) also added crucial knocks. Morne Van Wyk 2/11 (5), Warren Tarr 1/40 (8) and Steven Gornall 1/34 (8), took wickets for the home side.

Cuylerville lost regular wickets due to disciplined bowling by the visitors. It was only Gornall (108) and Kyle Handley (43) who showed resistance as they fought their way back into the match. It was all too late, however, as Port Alfred bowled them out

for 210. Travis Henderson 3/42 (10), Warren Bowdler 3/33 (10) and Justin Dollery 1/32 (7) were the destroyers-in-chief for the visitors.

Salem 1st vs Makana Sona

Salem trashed Makana Sona in a 102 run bonus point win at Salem on Sunday, after posting a huge 250 run target. Nicholas Zimmerman was top scorer with a hurricane 83. He was well supported by Joshua Van Holdt (45), Leard King (41) and Nick Wilmot (24). Bongo was in devastating form with the ball for Makana and picked up 6/43 (10). Mini took 3/48 (10) and Sauli 1/33 (8).

Tiger Titans vs Shrews

The Shrews from Rhodes took on the Tiger Titans, battling first in an exciting encounter. The Shrews posted a decent 157 all out, and looked to limit the Tigers with their bowling attack. The Tigers were undeterred, however, and managed to score 158/7 after 42 overs, earning a 3 wicket bonus point victory.

Thistles out-muscle OC in low-scoring affair

By TRISTAN COOKE

The Inter-Sub Union quarter finals saw Thistles beat Old Collegians (OC) 10-3 to advance to the semi-final on Saturday 22 September. The closely fought, low scoring battle took place at the Makhanda (Grahamstown) Oval.

Thistles' forward pack were dominant up front; they had a larger pack and made the most of this advantage.

This physicality put OC on the back foot and allowed time and space on the ball for the backline, this resulted in a 7-3 half time lead for the Thistles. OC were only able to get

on the board through the boot of flyhalf Siyabonga Mahapi as he converted a penalty.

Even with a dominant pack, Thistles found their defence under pressure in the second half as OC pushed hard for a try.

Ill-discipline on attack led to missed opportunities and the only addition to the scoreboard was a penalty in the second half.

Even with the second half points ending 3-0 in favour of the Thistles they were not the dominant team and OC missed opportunities that could have changed the fate of the game.

OC coach, Lungise Memani, said, "I am very disappointed that we could not get a few tries today as we had so many scoring opportunities. Our players panicked at crucial times and there were too many mistakes from our side. I'm also very proud we got this far and happy with our season, although I felt we should have won this game. But I guess we have to wait for next year to see if we can go all the way to reach promotion status."

With OC looking hard at what they can do to change their fate next season Thistles progress to the semi-final and edge closer to what could be

Kicking for culture

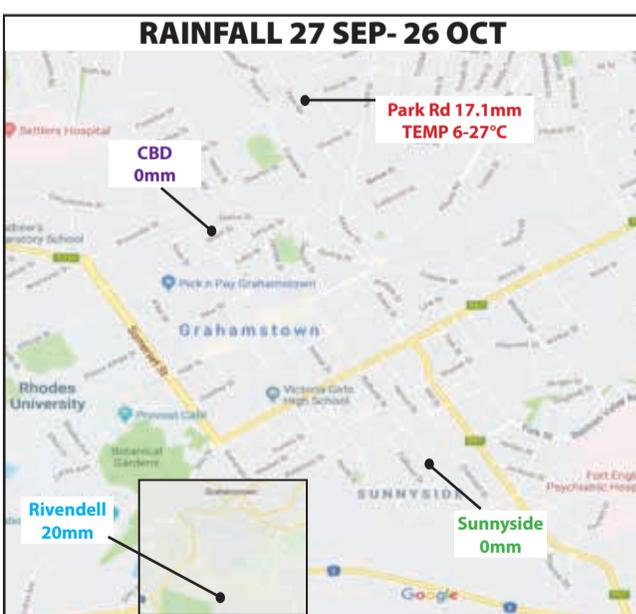
St Andrew's College hosted a number of friendly soccer matches on Saturday 22 September, as part of their Heritage Day weekend celebrations. These matches took place between St Andrew's College and St Matthew's, with both sets of teams displaying some great skills on the ball.



St Andrew's player slide tackling a St Matthew's player. Photos: Mzwanele Sibanda



St Andrew's players and St Matthew's players scuffling for the ball.



KNOW THE SCORE

Parkrun #210

The 210th edition of the Makhanda (Grahamstown) park run took place on Saturday 29 September. Here are the top finishers from the past weekend's event:

1. Cee-Jay Porthen - 21:42 (M)
2. Enock Mukwekwe - 21:57 (M)
3. Kendal Rose - 22:20 (F)
4. Sbonisipho Manqele - 22:41 (M)
5. Brian Cordner - 23:48 (M)
6. Thomas Harper - 23:54 (M)
7. Lwando Myles Saunders - 24:06 (M)
8. Siviwe Moyake - 24:18 (M)
9. Tiisetso Sekgololo - 24:22 (M)
10. Orrin Snelgar - 24:28 (M)

Smash the 2018 Pineapple Run

By STEPHEN KISBEY-GREEN

The annual Buco Kowie Striders Pineapple Run will once again take place this coming weekend, challenging runners to race from the Big Pineapple in Bathurst to the Port Alfred Country Club.

The event, which contains both a 27km and 10km race, is set to take place on Saturday 6 October, with runners from across the province expected to Smash the 2018 Pineapple Run.

The Kowie Striders have hosted this event for a number of years, and are looking forward to hosting another highly successful race in what is expected to be perfect conditions on race day.

This route is a mixture of town and rural country roads.

Most of the climbing is done in the first half of the 27km, and the second half is run on gravel roads through farms and game farms.

The last 5km heads into Port Alfred. The 10km is a fast course in and around Port Alfred, with one steep hill at the half-way mark.

Walkers of the 27km race will set off from the Big Pineapple at 7am, before the runners begin their chase at 7.30am. The race cutoffs will be at 11.45am and 11.30am respectively, giving both sets of participants over four hours to complete the challenge.

Both the runners and walkers attempting to smash the 10km route will start at 8am from the Port Alfred Country Club, and will look to finish

before the cutoff at 10am.

Those worried about the early start to the race, and concerned about making it to the start line, can take advantage of the limited seating on the transport bus, which will depart from the Port Alfred Country Club at 5.30am, and will cost runners only R25.

Camping is also permitted free of charge on Friday night ahead of the race at the Port Alfred Country Club.

Those that complete the race can look forward to a number of spot prizes, as well as cash prizes for the top three finishers in each category.

A fun atmosphere is expected throughout the day, making the Pineapple Run another essential event on the running calendar.

FOLLOW

Grocott's Mail
@GrocottsMail



Ibincomeka itumente yamaqela angaphantsi kweminyaka elishumi elinesihlanu

NguCHRIS TOTOBELA

Makana LFA iyiqukumbele itumente yayo yamaqela angaphantsi kweminyaka elishumi elinesihlanu.

Lomcimbi ububanjelwe kwibala laseJoza, iJD Dlepu, kulempelaveki sisuka kuyo kwaye ubuyinxalenye yemibhiyozo yosuku lwamagugu.

Le tumente ibixhaswe libesebenzisa nemidlalo kulengingqi yeSarah Baartmaan. Lamaqela aqale imidlalo yawo yokukhiqana ngoMvulo umhla wokubhiyozela amagugu. Kumdlalo wokugqibela wobuntshatshe, iSophia Stars ijongene nqo neGolden Brothers kumdlalo obuvutha amadangatye.

IGolden Brothers iye yacinezela zisuka nje yankqunkqa ibuyelela kwiipali zeSophia okwezulu laseMthatha, kodwa iSophia akhange itatazele ngasemva nangona bikhangeleka yothukile.

Omabini lamaqela awafumene amathuba kodwa kwanzima ukuwasebenzisa kwade kwayiwa ekhefini ebambene ngeqanda macala.

Nokuba ibiyintoni ethethwe ngumqeqeshi weSophia

ngethuba besekhefini ise-benzile, nanjengoko abadlali bayo bebuye ngamandla kwisiqingatha sesibini. Ukungakwazi ukugqibezela phambi kweepali kuwachanile kakhulu omabini lamaqela.

Bekushiyeke imizuzu nje emibini phambi kokuba kuphele umdlalo ngethuba unozinti weSophia enqanda ibhola ebinzima kwaye iqonde nqo emnatheni, kodwa waxhuma wabuya nayo.

ISophia Stars iye yaphumelela ngamanqaku amathandathu kwamahlanu kwiipenaliti, emva kokuba uphele umdlalo entanganye ngeqanda macala lamaqela. Umqeqeshi weSophia uMthuzeli Silo uthe "ubunzima lomdlalo kodwa ndiyavuya kakhulu kuba side saphumelela. Sifuna ukushiya umzila wokuba lelona qela liqhuba kakuhle kwibhola yama khwenkwana aselula".

Umqeqeshi weBrothers, uThozamile Yaka uthe "intle into endiyibukele apha namhlanje nangona sibethiwe. Asebenzile amakhwenkwe am kwaye ndiyazingca ngawo. USompempe naye uwulawula

kakuhle lomdlalo. Inye into endidanisayo kukungabonakali emabaleneni kwabadlali ababefudula bedlala nathi kudala, nabazali abangaziyo tu ukuzoxhasa abantwana babo xa bedlala".

Ungusihlalo we komiti yokhuphiswano kwiMakana LFA umnumzana Tsotsa uthe "iqhuba kakuhle letumente kwaye khange kubekho magingxingxi kodwa ke ndifuna nje ukutyityimbisela umnwe onke lamaqela atsalelweyo. Ndibulela abaxhasi bethu, abantu abazidinileyo bazobukela apha kanti nakwi phephandaba lalapha ekhaya iGrocott's Mail ngokuthi gqolo ipapasha imidlalo yethu".

Unobhala weMakana LFA uAkhona Heshu uphendule wenjenje kwizityholo zokudlala kwabadlali abadala kumaqela amakhwenkwana amancinci "kuzima ukuwulawula lomkhwa wokudlaliswa kwabadlali abadala nanjengoko kungasetyenziswa zazisi kwaye nabo abaphathi balamaqela kufuneka banyaniseke baqinisekise ukuba badlalisa abantwana ngokufanelekileyo".



Golden Brothers attacker going for goals at the Heritage weekend derby at JD Dlepu Stadium. Photo: Sue MacLennan

Highland capers draw the Makhanda clans



The annual St Andrew's Highland Gathering and Highland Games took place at St Andrew's College in Makhanda (Grahamstown) on Sunday 23 September. The Day was a celebration of the school's heritage, which included Scottish games, a performance from the school's pipe band, as well as traditional highland dancing.

Amy Thompson of DSG during the Highland Dancing. Photos: Supplied



Lilitha Lubengu during the Highland Games. Photo: Supplied



SPORTS HERO OF THE WEEK

Grahamstown

Mziwoxolo Ndwayana

After an intense battle against the defending champion, Sean Ness, Makhanda's (Grahamstown) Champion, Mziwoxolo Ndwayana won the South African Welterweight Championship in Johannesburg last month.

This is the second championship that Ndwayana has won in his eighteen year career, with his previous belt being the World Boxing Federation (WBF) Welterweight championship.

Ndwayana started boxing in 2000, but set his sights on the SA Welterweight title a few months ago. "Sean Ness is a southpaw, and I used to watch his fights. He is tough, and he has that experience, but me and my sparring mates knew that he wouldn't make it," said Ndwayana. "I am more experienced than him."

Ndwayana has not always been just a boxer, however. He had stopped playing soccer in 2009, but knows that all sports are important in life, particularly in Makhanda.

"I would like these young stars to commit themselves



Mziwoxolo Ndwayana practicing his punches at the gym after winning the SA Welterweight championship last month. Photo: Stephen Kisbey-Green

in sport. Even if it is cricket, football or soccer, as long as they are committed in sport," said Ndwayana. "These guys [coaches] are mentors, because they taught us how to be disciplined... that is what I love about sport."

Ndwayana will now look to continue his training, hopefully becoming the world champ again. "Every boxer out there is hoping to be world champion one day. You just need to keep working hard... it is all about the discipline and dedi-

Can the sports hero please come and collect his prize from the Grocott's Mail offices situated at the School of Journalism and Media Studies, AMM Building, Prince Alfred Street. Call 046 603 7111

PROVINCIAL RUGBY TOURNAMENT

The Department of Sport, Recreation, Arts and Culture (DSRAC) MEC Bulelwa Tunyiswa will lead at the Provincial Women's Rugby tournament, the Geneva Scholtz Women's Rugby Games as part of Mama Albertina Sisulu Month activity, from 5 to 7 October 2018 in Middelburg. The purpose of the tournament is to empower young women to be active in sport, increase their self-esteem and promote patriotism and strong sense of citizenship. It is held annually so as to identify talent and channel it to the relevant sport federation.

PROTEAS

The Proteas women are determined to use the remaining two fixtures of their five-match T20 international series as an opportunity to save themselves from an outright loss. With no opportunity left to overtake West Indies after Sunday's abandoned match, the visitors are angling to at least draw the contest that ends this Saturday, 6 October in Trinidad and Tobago.

PRO14

The Isuzu Southern Kings will travel to Italy on Saturday 6 October in an attempt to bounce back from their 54-14 defeat against the Scarlets last week. This will come after the Cheetahs take on Edinburgh in Scotland on Friday night.

WHEELCHAIR BASKETBALL

The past weekend saw the national wheelchair basketball team head to Sasolburg for the Sasol-NWU Senior Basketball Tournament. The Sasol AmaWheelaBoys participated in an exhibition match, taking on NWU VTC, showing off their skills and imparting knowledge on wheelchair basketball for all those in attendance. The match was followed by a green v gold game designed to showcase the team and serve as preparation for the 2019 IWBF Africa Paralympic Qualifiers and subsequent 2020 Tokyo Paralympic Games.

RUGBY CHAMPIONSHIP

The Springboks will look to go back to back against New Zealand when they take on the All Blacks in Pretoria on Saturday afternoon. After their victory over Australia over the past weekend, South Africa will be brimming with confidence ahead of their encounter in Pretoria.



The Graeme College First team cricket side stands proud after furthering their unbeaten record at the the Cape Youth Cricket Festival. Photo: Supplied

Graeme continue unbeaten Youth Festival run

STAFF REPORTER

The Graeme College First Team Cricket side kept their hundred percent record in tact at the Cape Youth Cricket Festival over the weekend of 28-30 September. The group has remained unbeaten over the last three years, although they made things very difficult for themselves in difficult conditions this year.

On day one, Mark Amm, the first team captain, was the difference between the sides, as their opponents, Pinelands, bowled brilliantly on a very soft pitch. Graeme could only manage 88 all out, but that was largely due to Amm who scored 46 not out.

The Graeme side battled the elements for 53 overs to get that total, so knew there was a chance of defending the it. Although the bowl-

ing was not perfect on the day, the Graeme side did find a way to win. Sihle Mginywa got Graeme off to the perfect start in the field. He ended with 3 for 11 in 10 overs. Lakhanya Sam was equally impressive, taking 3 for 14. Graeme won a very low scoring and exciting match by 12 runs, after bowling Pinelands out for 76. It was a tough start the festival, but maybe exactly what the team needed.

Day two was a limited over contest against Bergvliet. Graeme were asked to bat, and struggled initially on another soft track. A platform was built though, which allowed players an opportunity to express themselves later.

Jeremy Beyleveld (42) and Siphesihle Madlongolwana (49 not out) held most of the innings together,

which allowed the likes of Liam Agnew to blast his way to 35 not out, enabling Graeme to get to an impressive total of 244/ 7 after their 50 overs. The new ball attack was superb in defence of the target. Siphesihle Madlongolwana (3 for 22) and Sihle Mginywa (2 for 19) pegged Bergvliet back from the start. Lakhanya Sam picked up 2 for 12 as Graeme bowled Bergvliet out for 113, winning by 131 runs.

The last day started with a T20 against Milnerton. Again, a slow and soft pitch made batting difficult. Graeme were very happy to reach their goal of 120, although lost 9 wickets on the way there. Bavu Manyakanyaka (30), Chris Gleaves (24) and Amm (20) were the top scorers.

With a decent score to defend, it was up to the bowlers to perform.

Yet again, they were superb. Sihle Mginywa (4 for 17) was outstanding and well backed up by Siphesihle Madlongolwana (2 for 14). Graeme restricted Milnerton to 90 all out, winning by 30 runs.

The last fixture was the afternoon game at the picturesque Westerford field. Westerford won the toss and chose to bat on, which seemed, a better batting pitch. They struggled to get the vastly experienced bowling attack away, and ended on 75/ 6 after their 20 overs.

Amm taking 3 for 10, doing the most damage. In reply, Gleaves scored a quickfire 31 as Graeme reached the target in the 12th over, three wickets down. It was a good 7 wicket victory to end the festival, and to continue the team's unbeaten record at the festival.

FREE Tyre Surance
ON EVERY PASSENGER, SUV AND 4X4 TYRE.

YOU REGISTER YOU'RE COVERED

Get down to
Hi-Q Len's Auto (Grahamstown)

37 Bathurst Street Tel: 046 622 6155

Facebook: /hiqsouthafrica Website: www.hiq.co.za

Terms and conditions apply. For more information and full terms and conditions visit www.hiq.co.za

TYRES EXHAUSTS SHOCKS BATTERIES BRAKES

Hi-Q THE 1 YOU CAN TRUST

Get down to the yellow and blue.

Hi-Q SPORTS DIARY

FRIDAY 5 OCTOBER BASKETBALL:
St Andrew's College: U14 B vs Kearsney College (12:00) - St Andrew's

SATURDAY 6 OCTOBER RUNNING:
2018 Pineapple Run - 27km and 10km distances - Start at the Big Pineapple in Bathurst.

BASKETBALL:
Kingswood College vs St Andrew's College: First team (09:00), Second team (09:00), U16 A (09:00) - Kingswood
St Andrew's College: U14 A vs Kearsney College (12:00) - St Andrew's

CRICKET:
Kingswood College vs St Andrew's College: 09:30 - 1st XI (St Andrew's); 09:30 - 2nd XI (Kingswood); 09:30 - 3rd XI (tbc); 09:30 - 4th XI (tbc); 09:30 - 5th XI (tbc); 09:30 - U15 A (St Andrew's); 09:30 - U15 B (tbc); 09:30 - U14 A (Kingswood); 09:30 - U14 B (tbc)
Grahamstown Cricket Board - mixed fixtures

SUNDAY 7 OCTOBER CRICKET:
Grahamstown Cricket Board - mixed fixtures

MONDAY 8 OCTOBER
EP U17 and U18 Trials (TBC) - All local schools

SATURDAY 13 OCTOBER BOXING:
Mfuzo Boxing Camp tournament - Hosted by Mfuzo Boxing Camp, expected clubs include - University of Fort Hare (Alice), Smiling Tigers BC (Bethlehem, Free State), Thubalethu BC (Uitenhage), Eyethu BC (Seymour), Phakamisa BC (Glenmore), Maletswai United BC (Aliwal North), Buffalo City Open Boxing (East London), Isizwe BC (Butterworth), 6 SAI Army BC (Grahamstown/Makhanda), Dabhan BC (Peddie), Eyethu BC (PE) and Tambo BC (Whittle Sea). At BB Zondani Hall - 09:00 (weigh in) - 11:00 (first bout).

CRICKET:
Graeme College: vs VP - First team (Away), Second team (Home), U15 A (Away) and U14 A (Home)

WEDNESDAY 17 OCTOBER CRICKET:
Graeme College vs St Andrew's College: First team (Graeme), Third team (SAC), U15 A (Graeme), U15 B (SAC), U14 A (SAC) and U14 B (SAC)

FRIDAY 19 OCTOBER CRICKET:
Graeme College: First team vs Union (Asante Sana)

TENNIS:
St Andrew's College: Second team vs PJ Olivier and Port Alfred High School (SAC)

SATURDAY 20 OCTOBER CRICKET:
St Andrew's College: 1st XI v Grey High School (Away); 09:30 - 2nd XI v Grey High School (Home); 09:30 - 3rd XI v Grey High School (Home); 09:30 - 4th XI v Grey High School (Home); 09:30 - 5th XI v Grey High School (tbc); 09:30 - Boys-U15A v Grey High School (Away); 09:30 - Boys-U15B v Grey High School (tbc); 09:30 - Boys-U14A v Grey High School (Away); 09:30 - Boys-U14B v Grey High School (tbc)

View the updated Sports Diary: <http://bit.ly/2ljw7PA>